Indigenous

Common names: English: East African green wood, Kenya greenheart Luganda:

Mukuzanume Luganda, dialect Buddu: Muwiya **Lusoga:** Balwegira Runyankore: Mwiha **Runyoro:** Musizambuzi **Rutoro:**

Muharami,

Ecology: A widely distributed tree in lower rain forest and drier highland

forest areas of East Africa, 1-2,000 m. In Uganda, it grows in colonizing forest, forest edges and thickets, often on dry sites. It is widely distributed and abundant in Maramagambo Forest.

Uses: Firewood, charcoal, timber (furniture, tools), food (seasoning),

medicine (bark, roots, young twigs), mulch, shade, ornamental,

resin.

Description: An evergreen tree to 25 m with a dense leafy canopy. BARK:

rough brown-black, cracked into rectangular scales. LEAVES: shiny dark green above, midrib very clear below, **edge wavy**, to 10 cm long. FLOWERS: inconspicuous green-cream. FRUIT: round to egg-shaped, **to 5 cm long** on short stalks, **green to** purple with a waxy, white surface. Several flat heart-shaped seeds

inside a pulp.

Propagation: No. of seeds per kg: about 10,000. Cuttings, seedlings, direct

sowing, wildings.

Seed info.: Germination over 80% in approximately 15 days. Collect fruit

directly from the tree or shake off. Seeds are sensitive to drying

out and should be sown fresh without drying.

treatment: wash the fruits and sow seeds fresh for best results. (Rub the ripe

fruit against a wire mesh to extract the seed.)

storage: seed should not be stored as they lose viability within a very short

time.

Management: Fairly slow growing; coppicing.

Remarks: After seasoning, the heartwood develops a slight greenish colour

which fades with exposure to light. The wood, though hard and heavy, is not durable in the ground and not termite resistant. It has a high oil content. The leaves, bark, young shoots and fruit can be used in curries, and roots are used for soup. Can be intercropped for shade in coffee, banana and cocoa plantations.

