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# New records of *Ficus* (Moraceae) species emphasize the conservation significance of inselbergs in Mozambique

Short communication

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# Abstract

*Ficus modesta* F. White and *Ficus cyathistipula cyathistipula* Warburg are recorded for the first time from Mozambique. The new records from Mount Namuli in Zambezia Province extend the known distribution of *F. modesta* 160 km east and that of *F. cyathistipula* 550 km southeast. Fig species richness for Mozambique is elevated to 35 species, which thus compares favourably with neighbouring countries. A revised checklist is provided for Mozambique and fig species richness of central and southern African countries is compared. The Mount Namuli inselberg is likely to be a biodiversity hotspot and urgently requires biological exploration and conservation. © 2007 SAAB. Published by Elsevier B.V. All rights reserved.

Keywords: Biodiversity; Conservation; Ficus cyathistipula; Ficus modesta; Inselberg; Moraceae; Mozambique; Namuli

# 1. Introduction

*Ficus* species richness is centered in the tropics with about 755 fig tree species worldwide. Around 511 species are Indo-Australasian (Asia, Malesia, Pacific islands and Australia), with the Malesia centre (359 spp.) being the hotspot of species richness (Asian mainland: 67 spp.; Pacific: 67 spp.; Australia: 18 spp.) (C.C. Berg personal communication; Berg and Corner, 2005; Dixon, 2003; Ungricht et al., 2003). Approximately 132 species occur in the Neotropical region (Central and South America) (C.C. Berg personal communication). In the Afrotropical region (Africa south of the Sahara, including Madagascar), there are currently 112 recognized species, 36 of which are indigenous to southern Africa (Berg, 1990, 1991; Berg and Wiebes, 1992; Burrows and Burrows, 2003).

As would be expected, countries in tropical areas of Africa boast high fig species richness. Given the pan-tropical distribution of *Ficus*, it is predictable that temperate countries such as

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South Africa (26 spp.), Namibia (11 spp.) and Botswana (15 spp.) support a lower diversity (Berg, 1990; Burrows and Burrows, 2003; Germishuizen et al., 2006). Conversely, Mozambique lying on the wetter eastern side of south-central Africa would be expected to have fairly high fig species richness. Da Silva et al. (2004) in their preliminary checklist of the vascular plants of Mozambique record 29 species of Ficus. However, three of these are considered to be invalid records: Ficus congensis Engl. is a synonym of *Ficus trichopoda* Bak. (Berg and Wiebes, 1992; Burrows and Burrows, 2003); Ficus platyphylla Delile is a northeast African species allied to Ficus bussei Mildbr. Burret; and Ficus thonningii Bl. sensu stricto is a West African taxon (see discussion in Burrows and Burrows, 2003). The checklist also leaves out seven additional species known to occur in Mozambique: Ficus salicifolia Vahl, Ficus nigropunctata Warb., Ficus tettensis Hutch., Ficus muelleriana C.C. Berg, Ficus fischeri Warb., Ficus chirindensis C.C. Berg and Ficus ovata Vahl (Burrows and Burrows, 2003), resulting in a total of 33 species confirmed to date.

Most of the interior of northern Mozambique consists of a relatively flat plateau (700–800 m alt.) with numerous, isolated granite inselbergs rising above the surrounding plains. These

inselbergs are considered to be biodiversity hotspots (Izidine and Bandeira, 2002) yet very few biological collections have been made from them. Birds were first collected from these inselbergs during a British Museum expedition to Northern Mozambique in 1931–1932 (Vincent, 1933). More recently, Ryan et al. (1999) carried out a short survey of the avifauna of Mount Namuli, which harbours an endemic bird species, and established two new lizard species records for Mozambique (Branch and Ryan, 2001). During a recent combined Iziko South African Museum and South African National Biodiversity Institute (SANBI) expedition, we recorded two new Ficus species distributions for Mozambique. In this paper, we document these records and provide a revised checklist of the fig trees occurring in Mozambique. The discovery of these species has direct relevance in the assessment of inselbergs as a priority for conservation and on their status as biodiversity hotspots.

# 2. Methods

# 2.1. Study site

Mount Namuli at an elevation of 2412 m is Mozambique's second highest mountain after Mt. Binga (2436 m), with the latter situated in the Chimanimani range on the eastern border with Zimbabwe. The Namuli inselberg (15°22'S, 37°02'E) is

situated approximately 12 km northeast of Gurué and 160 km east of Mt. Mulanje. The mountain is a conglomeration of impressive granite outcrops with several other peaks over 2200 m. Presently, tea plantations and to a lesser extent *Eucalyptus* plantations dominate the lower slopes of the mountain, whereas the mid slopes are occupied chiefly by subsistence agriculture. On these slopes, indigenous forest is now confined to narrow bands along rocky river courses, a substrate precluding plantations or agricultural activity. We surveyed remnant riparian forest for fig species across an approximate elevation range of 800 to 1200 m on the southern slopes of Mount Namuli over a two-day period (Fig. 1).

# 3. Results

We record an additional two fig species from section *Galoglychia* for Mozambique, *Ficus cyathistipula* (subsection *Cyathistipulae*) and *Ficus modesta* (subsection *Caulocarpae*). These additional records elevate the fig species richness for this country to 35 (Table 1), a richness on a par with the neighbouring countries Zimbabwe, Malawi, Zambia and Tanzania (Fig. 2). Seventy-four percent of the 47 described *Ficus* species indigenous to south-central Africa occur in Mozambique (Table 2). Photographs were taken of the trees in the field from which voucher herbarium specimens were collected (Fig. 3).



Fig. 1. Satellite image of sampling area on Mount Namuli illustrating localities of recorded fig tree individuals for F. cyathistipula cyathistipula and F. modesta.

Table 1

Checklist of indigenous *Ficus* species recorded from Mozambique (compiled from Berg, 1991; Burrows and Burrows, 2003; Da Silva et al., 2004 and records presented in this paper)

Ficus species	Provincial distribution
Subgenus: Sycidium	
Section: Sycidium	
1. F. capreifolia Delile	All provinces
2. F. exasperata Vahl	All provinces except Tete, Gaza,
	Maputo
Subgenus: Sycomorus	
Section: Sycomorus	
3a. F. sycomorus sycomorus L.	All provinces
3b. F. sycomorus gnaphalocarpa	All provinces except Gaza, Maputo
(Miq.) C.C. Berg.	A 11
4. F. sur Forsk.	All provinces
5. F. valus-chouade Deme	Massa, Zamoezia, Soiaia, Manica
Subgenus: Urostigma	
Section: Urostigma	
Subsection: Urostigma	
6. F. ingens (Miq.) Miq.	Niassa, Nampula, Zambezia, Tete,
	Sofala, Manica
7. F. salicifolia Vahl	Tete, Maputo
8. F. verruculosa Warb.	All provinces except Cabo Delgada
Section: Galoglychia	
Subsection: Galoglychia	
9. F. lutea Vahl	All provinces
Subsection: Platyphyllae	
10. F. bussei Mildbr. and Burret	All provinces except Maputo
11. F. glumosa Delile	All provinces except Manica,
	Sofala, Inhambane
12. F. stuhlmannu Warb.	All provinces
13. F. nigropunctata Mildbr.	Niassa, Cabo Delgado, Nampula, Tete
and Burret	All provinces execut Cabo Delgado
14. <i>P. tettensis</i> Hutch.	Nampula Zambazia
15 E muelloriana Berg	Manica
16 F abutilifolia (Mia.) Mia	All provinces except Inhambane
17 <i>F trichopoda</i> Baker	All provinces except Miassa Manica
Subsection: Chlamydodorae	An provinces except tylassa, tylanea
18 <i>F</i> fischeri Mildbr and Burret	Niassa Zambezia Manica
19 <i>F</i> craterostoma Mildbr	Manica
and Burret	
20. F. lingua depauperata	All provinces except Niassa, Manica
(Sim) C.C. Berg	
21. F. natalensis natalensis	All provinces except Niassa, Cabo
Hochst.	Delgado
22. F. burtt-davyi Hutch.	Maputo
23. F. burkei (Miq.) Miq.	Niassa, Zambezia, Tete, Manica
24. F. petersii Warb.	All provinces except Gaza, Inhambane,
	Maputo
25. F. rokko Warb. and	Zambezia, Manica
Schweinf.	
Subsection: Crassicostae	
26. F. usambarensis Warb.	Nampula
Subsection: Cyathistipulae	
27. F. cyathistipula	Zambezia
cyathistipula Warb.	
28. F. scassellatii	Zambezia, Manica, Sofala
scassellatii Pamp.	
Subsection: Caulocarpae	
29. F. tremula tremula Warb.	All provinces except Niassa, Manica
30. <i>F. polita polita</i> Vahl	All provinces except Niassa, Manica
31. F. chirindensis C.C. Berg	Tete, Zambezia, Manica, Sofala

Table 1	(continued)
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Ficus species	Provincial distribution
Subsection: Caulocarpae	
32. F. modesta F. White	Zambezia
33. F. sansibarica sansibarica Warb.	All provinces
34. F. bubu Warb	All provinces except Cabo Delgado
35. F. ovata Vahl	Niassa

# 3.1. F. cyathistipula Warb. subsp. cyathistipula

#### 3.1.1. Distribution, habitat, dispersal and pollination

Ficus cyathistipula subsp. cyathistipula is widely distributed in tropical Africa from Liberia in West Africa across to Tanzania in the east and northern Zambia in the south with an outlying population in northern Malawi (Fig. 4) (Berg and Wiebes, 1992; Burrows and Burrows, 2003). Our records add an additional population in Mozambique 550 km south east of the known distribution (Fig. 4). This fig is associated with high rainfall areas, nearly always occurring in riverine forest, swamp forest or along lake margins. On Mount Namuli the species was growing as either a lithophyte or strangler in boulder-strewn riparian forest. The figs are large, spongy and buoyant suggesting a hypothesis of water dispersal (Berg and Wiebes, 1992; Burrows and Burrows, 2003). Animals, however, are also dispersal agents as chimpanzees in Uganda eat them and passage through their digestive tract increases germination viability of the seeds (Wrangham et al., 1994). Foundress female pollinators, Agaon fasciatum Waterston, the recorded pollinator of the main population of F. cyathistipula, were extracted from B-phase figs collected on Mt. Namuli.



Fig. 2. *Ficus* species richness per country (from Berg and Hijman, 1989; Berg et al., 1984, 1985; Berg and Wiebes, 1992; Burrows and Burrows, 2003; Van Noort, 2004; Van Noort and Rasplus, 2004–2006).

# Table 2

Distribution of fig tree spec	les in south-central	and southern Africa	(after Berg, 1990	, 1991; Burrows a	nd Burrows, 2003)
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Host	Ficus species	Botswana	Malawi	Mozambique	Namibia	South Africa	Swaziland	Zambia	Zimbabwe
Sycid	ium (subgenus)								
Sycid	ium (section)								
1	F. exasperata Vahl		*	*				*	*
2	F. asperifolia Miq.							*	
3	F. pygmaea Hiern	*			*			*	
4	F. capreifolia Delile	*	*	*	*	*	*	*	*
Sycon	norus (subgenus)								
5a	F. sycomorus sycomorus L.	*	*	*	*	*	*	*	*
5b	F. sycomorus gnaphalocarpa (Miq.) C.C. Berg		*	*	*	*		*	*
6	<i>F. sur</i> Forssk.	*	*	*	*	*	*	*	*
7	F. vallis-choudae Delile		*	*				*	*
Phari	nacosycea (subgenus)								
Oreos	sycea (section)								
8	F. dicranostyla Mildbr.							*	
Urost	<i>tigma</i> (subgenus)								
Urost	<i>tigma</i> (section)								
9	F. verruculosa Warb.	*	*	*	*	*		*	*
10	F. salicifolia (Vahl) Berg	*	*	*		*	*	*	*
11	F. cordata cordata Thunb.	*			*	*			
12	F. ingens (Miq.) Miq.	*	*	*		*	*	*	*
Galog Galog	glychia (section)								
13	<i>F. lutea</i> Vahl		*	*	?	*		*	*
Dlata	n/willow (subscation)								
$r_{1A}$	<i>E hussai</i> Mildhr and Burret		*	*				*	*
14	F. wakafialdii Hutoh							*	
15	F. wakefieldal Hutch.	*	*	*		*	*	*	*
17	F. stuhlmannii Warb		*	*		*	*	*	*
18	F. sigropunctata Mildhr and Burret	*	*	*				*	*
10	F tettensis Hutch	*	*	*		*		*	*
20	F muelleriana Berg			*					
21	<i>F</i> abutilifolia (Mig.) Mig	*	*	*		*	*	*	*
22	<i>F. trichopoda</i> Baker		*	*		*		*	
Chla	<i>nvdodorae</i> (subsection)								
23	<i>F fischeri</i> Mildbr and Burret	*		*	*			*	*
24	<i>F</i> craterostoma Mildbr and Burret		*	*		*	*	*	*
25	<i>F. lingua depauperata</i> (Sim) C.C. Berg			*		*			
26a	<i>F. natalensis natalensis</i> Hochst.		*	*		*		*	*
26b	F. natalensis leprieurii (Mig.) C.C. Berg							*	
26c	F. natalensis graniticola Burrows					*			*
27	F. burtt-davyi Hutch.			*		*			
28	F. ilicina (Sonder) Miq.				*	*			
29	F. rokko Warb. and Schweinf. in Warb.		*	*					*
30	F. psilopoga Ficalho							*	
31	F. persicifolia Warb.							*	
32	F. petersii Warb.	*	*	*	*	*	*	*	*
33	F. burkei (Miq.) Miq.	*	*	*					
Crass	sicostae (subsection)								
34	F. usambarensis Warb							*	
Cyath	uistipulae (subsection)								
35	F. ardisioides camptoneura (Mildbr.)							*	
	C.C. Berg								
36	F. cyathistipula cyathistipula Warb.		*	*				*	
37	F. scassellatii scassellatii Pamp.		*	*					*
38	F. barteri Sprague							*	

Table 2 (continued)	Table 2	(continued)
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Host F	Ficus species	Botswana	Malawi	Mozambique	Namibia	South Africa	Swaziland	Zambia	Zimbabwe
Cauloo	carpae (subsection)								
39a	F. ottoniifolia ulugurensis (Mildbr.		*						
	and Burret) C.C. Berg								
39b	F. ottoniifolia macrosyce C.C. Berg							*	
40	F. tremula tremula Warb.		*	*		*			
41a	F. polita polita Vahl		*	*		*			
41b	F. polita brevipedunculata C.C. Berg		*					*	
42	F. bizanae Hutch. and Burtt-Davy					*			
43	F. modesta White		*	*					*
44	F. chirindensis C.C. Berg		*	*					*
45a	F. sansibarica sansibarica Warb.		*	*		*	*	*	*
45b	F. sansibarica macrosperma							*	
	(Mildbr. and Burret)								
46	F. bubu Warb.		*	*	*	*	*		*
47	F. ovata Vahl		*	*				*	

No fig species have been recorded from Lesotho.

#### 3.1.2. Specimens collected

Mozambique: Zambezia Province, Mount Namuli, 3 km NE Gurué, 27 May 2006, 15°26′38.8″S 37°09′21.4″E, 897 m, Van Noort, Gardiner and Tolley, *MW06-F67* (NBG, PRE).

#### 3.1.3. Additional specimens recorded

Mozambique: Zambezia Province, Mount Namuli, 3 km NE Gurué, 15°26′44.8″S 37°09′19.5″E, 866 m, Van Noort, Gardiner and Tolley, *MW06-F66*.

# 3.2. F. modesta F. White

# 3.2.1. Distribution, habitat and pollination

Ficus modesta was regarded by Berg (in Berg and Wiebes, 1992) as a junior synonym of Ficus ottoniifolia subsp. ulugurensis (Warb.) C.C. Berg, but Burrows and Burrows (2003) reinstated the taxon as a separate species. Ficus modesta was recorded from four adjacent mountains in southern Malawi (Mt. Mulanje [15°58'S 35°38'E], Mchese Mt. [15°48'S 35°42'E], Machemba Hill [15°44'S 35°38'E], Phalombe Hill [15°47'S 35°33'E) as well as in the Aberfoyle area (18°29'S 32°54'E) on the eastern and south-eastern base of Mt. Invangani in eastern Zimbabwe (Burrows and Burrows, 2003; Dowsett-Lemaire and White, 1990) (Fig. 5). This fig species was surmised to also occur on similar mountains in western Mozambique (Dowsett-Lemaire and White, 1990), but no records have been confirmed from there. Our records add an additional population in Mozambique 160 km east of the nearest known population (Fig. 5). Ficus modesta either occurs as a small spreading tree associated with boulders or rock crevices in open mixed woodland and in riparian forest along rocky river beds, or in wetter forest as a lithophyte usually growing near rivers (Burrows and Burrows, 2003). The specimens we observed on Mt. Namuli were either stranglers or lithophytes growing in boulder-strewn riparian forest. The associated fig wasp faunal assemblage was reared for F. modesta from figs collected on Mt. Namuli. The pollinator of F. modesta is an undescribed species of Courtella, remnants of which were originally collected in B-phase figs in southern Malawi (Mikomwa Hill

and Mount Mulanje) by John and Sandie Burrows (Van Noort and Rasplus, in preparation).

#### 3.2.2. Specimens collected

Mozambique: Zambezia Province, Mount Namuli, 3 km NE Gurué, 15°26′48.9″S 37°09′29.3″E, 817 m, 27.v.2006, Van Noort, Gardiner and Tolley, *MW06-F63* (NBG, PRE).

#### 3.2.3. Additional specimens recorded

Mozambique: Zambezia Province, Mount Namuli, 3 km NE Gurué, 15°26'44.8"S 37°09'19.5"E, 866 m, Van Noort, Gardiner and Tolley, *MW06-F64*; 15°26'44.8"S 37°09'19.5"E, 866 m, Van Noort, Gardiner and Tolley, *MW06-F65*; 15°26' 45.6"S 37°09'20.6"E, 886 m, Van Noort, Gardiner and Tolley, *MW06-F68*; 15°26'31.8"S 37°09'18.4"E, 941 m, Van Noort, Gardiner and Tolley, *MW06-F69*; 15°26'22.2"S 37°09'15.6"E, 1057 m, Van Noort, Gardiner and Tolley, *MW06-F70*.

### 4. Discussion

Ficus cyathistipula and F. modesta are likely to be rare in Mozambique, although we expect that further populations will be discovered in suitable habitat on the numerous granite inselbergs in northern Mozambique, in particular Mt. Mabu and Mt. Chiperone. These fig species belong to two subsections, Cyathistipulae and Caulocarpae respectively, of section Galoglychia that are centered in West and Central Africa (Rønsted et al., 2007). Ficus cyathistipula is one of only two species belonging to subsection Cyathistipulae that extend their distribution as far south as Mozambique. The other is Ficus scassellatii Pamp. The isolated Mozambique population of F. cyathistipula is at the extreme southern limit of the species distribution and its continued existence is likely to be exceptionally prone to any adverse environmental changes. The presence of populations of F. modesta and F. cyathistipula on Mount Namuli supports a hypothesis of continuous populations in historically wetter periods. The figfig wasp mutualism is an ancient one, at least 60 million years old (Rønsted et al., 2005), and hence has been subjected to



Fig. 3. F. cyathistipula cyathistipula (A-C, Van Noort, Gardiner and Tolley, MW06-F67) and F. modesta (D-F, Van Noort, Gardiner and Tolley, MW06-F63).

extreme climatic variation during this period. During the repeated glacial maxima of the Pleistocene epoch, forests in tropical Africa contracted considerably with a corresponding expansion of more xeric environments (Axelrod and Raven, 1978; Denton, 1999). This presumably formed refugia for figs that are restricted to wet habitats. The degree of gene flow between these isolated populations and the main distributional area is unknown but fig wasps are capable of travelling hundreds of kilometres in upper air currents (Compton, 2002; Nason et al., 1996; Van Vuuren et al., 2006). Given the dispersal abilities of the pollinators and the possible presence of the host fig species on other inselbergs, the populations of these two fig species on Mount Namuli may not be genetically isolated.

Mozambique with its rich fig flora not only harbours the extremely localized *F. modesta*, but is also home to *F. muel-leriana*, which is probably the rarest and most vulnerable African fig species. This Mozambique endemic, although listed as data deficient in the Southern African Plant Red Data lists

(Izidine and Bandeira, 2002), is listed as endangered in the IUCN Red list of threatened species (World Conservation Monitoring Centre, 1998), as it faces a very high risk of extinction in the wild. This species is only known from two localities at the southeastern base of the Chimanimani Mountains in western Mozambique. The two known populations are extremely small (one locality containing in the region of 20 individuals) and unprotected (Burrows and Burrows, 2003). Although this area has yet to be explored and other populations may be discovered the species is under threat from human encroachment. Major threats are habitat loss and degradation as a result of clear cutting of the moist deciduous woodland and infrastructural development for human habitation (World Conservation Monitoring Centre, 1998; A.J. Gardiner, personal observation). Mozambique has an obligation to ensure the protection of the environments wherein these species occur.

The granite inselbergs in northern Mozambique are considered to be centres of biodiversity (Izidine and Bandeira,



Fig. 4. Distribution of *F. cyathistipula cyathistipula*. Grey shaded area represents known distribution. \*New record from Mt. Namuli.

2002) but are extremely threatened by habitat transformation. The forest habitat on the Namuli inselberg historically suffers from encroachment by tea and eucalyptus plantations, and by subsistence agricultural practices with the forest being cleared for banana and cassava cultivation. Despite these anthropogenic impacts, the Namuli inselberg harbours three globally threa-

tened bird species including the endemic Namuli Apalis (Apalis (Thoracica) lynesi) and is considered to be a critically Important Bird Area in Mozambique urgently requiring formal conservation protection (BirdLife International, 2005). Furthermore, the indigenous forest on Namuli was ranked 37th of 76 important key forests in a review of threatened birds in the Afrotropical and Malagasy regions (Collar and Stuart, 1988; Ryan et al., 1999). While the majority of existing knowledge is confined to birds, a brief visit to the inselberg produced range extensions for the two Ficus species shown here, and the discovery of a new pygmy chameleon (Rhampholeon) species (Branch, Van Noort, Bayliss and Tolley, in preparation). In the latter case, this species is possibly an endemic, confined to the small patches of remaining indigenous forest, making it susceptible to habitat destruction or degradation. These records clearly underline the conservation importance of Mt. Namuli and indicate that other inselbergs in northern Mozambique will also be of great biological interest.

# 5. Conclusion

The Namuli inselberg urgently needs a complete species inventory and recognition as a biodiversity hotspot. Thus far, little attention from the scientific community has been given to the mountain, yet even brief exploratory visits produce new discoveries. The lack of basic biological knowledge of inselbergs in northern Mozambique, but the potential for their uniqueness, highlights the critical conservation status that should be afforded these mountains especially in light of the degree of habitat transformation.



Fig. 5. Distribution of *F. modesta*. ● previous records; ▲ new record from Mt. Namuli. Map generated from Jarvis et al. (2006).

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