

Wengen - Alpine Flowers of the Swiss Alps

Naturetrek Tour Report

25 June - 2 July 2017



Gentiana verna



Primula hirsuta



Jungfrau alpenglow



Trollius europaeus

Report and images by David Tattersfield



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Day 1

Sunday 25th June

After assembling at Zurich airport, we were soon enjoying the comfort of the inter-city train to Bern. We changed trains here and again at Interlaken, where we joined the regional train to Lauterbrunnen. The last leg of the journey was on the delightful cogwheel railway to Wengen, where we arrived around 8.00pm. It was just a short walk to our hotel, where a delicious evening meal was waiting for us. Our meal was interrupted by a rosy alpenglow, on the Jungfrau. After discussing the plans for the exciting week ahead, we retired to bed.

Day 2

Monday 26th June

We woke to another beautiful sunny day and took the Mannlichen cable-car, high above the village. We set off to explore a wide range of habitats, as we made our way, slowly, towards Mannlichen summit, at 2343 metres. We found a rich flora, on shaded banks and cliffs, typical of areas where snow lies late into the season. A range of dwarf shrubs included Net-leaved Willow *Salix reticulata*, Retuse-leaved Willow *Salix retusa* and Mountain Avens *Dryas octopetala*, with splashes of colour provided by Bird's-eye Primrose *Primula farinosa*, Moss Campion *Silene acaulis*, Alpine Cinquefoil *Potentilla crantzii* and Spring Gentian *Gentiana verna*. On a small limestone cliff, we found the delicate blooms of Snowdon Lily *Gagea serotina*, tight cushions of Swiss Rock-jasmine *Androsace helvetica*, Moschatel *Adoxa moschatellina* and the tiny rosettes of Dwarf Orchid *Chamorchis alpina*. We encountered a tapestry of colourful flowers in the turf, from the purple Whorled Lousewort *Pedicularis verticillata* and blue Alpine Forget-me-not *Myosotis alpestris* to the rich yellows of Globeflower *Trollius europaeus* and Alpine Pasqueflower *Pulsatilla alpina* subsp. *apiifolia*. Alpine Aster *Aster alpinus* and deep-purple Alpine Sainfoin *Hedysarum hedysaroides* framed the view of Wengen and the deep, glacial trench of the Lauterbrunnen Valley, far below. Near the edges of the last remaining snow, there were still one or two white flowers of Spring Crocus *Crocus vernus* and Kuepfer's Buttercup *Ranunculus kuepferi* and the fringed lavender bells of Alpine Snowbell *Soldanella alpina*. Some of us ventured a little way beyond the summit, where Crimson-tipped Lousewort *Pedicularis oederi* was growing in the dwarf-shrub heath.

We regrouped at the Mannlichen Berghaus, before having lunch on a grassy knoll overlooking Grindelwald. For the rest of the afternoon, we followed an easy path down to Kleine Scheidegg, with clear views of the Eiger and Monch, in front of us. There were many more plants to find and identify and we made slow progress, eventually catching the 5.30pm train back to Wengen. We got back just in time to miss a thunderstorm and it remained wet for the rest of the evening.

Day 3

Tuesday 27th June

It remained cloudy, in the morning, with sunny periods in the afternoon. We took the short train ride to Wengernalp, where we started by exploring the vicinity of the station platform. It took a little while to find Frog Orchid *Coeloglossum viride*, its muted colours blending well with its background. Over coffee, we were able to pick out a herd of Alpine Chamois, on the opposite side of the valley, grazing below the cliffs. We walked down through colourful meadows to Wixi, where we found the deep-blue Bavarian Gentian *Gentiana bavarica*, growing in wet flushes, together with lots of Broad-leaved Marsh-orchid *Dactylorhiza majalis*, its flowers and bracts of an intense deep purple. As we descended to Biglenalp, some of the special plants we encountered in the forest

included Serrated Wintergreen *Orthilia secunda*, One-flowered Wintergreen *Moneses uniflora* and the saprophytic Coralroot Orchid *Corallorhiza trifida*.

We chose a sunny bank, close to the stream, to have our picnic, an idyllic spot, with cows grazing contentedly, and views of the glistening ice-fields of the Jungfrau. Afterwards, we walked through the forest to a rocky hillside, where we found the beautiful large blue flowers of *Aquilegia alpina* and a single plant of Lady's-slipper *Cypripedium calceolus*. Our return route took us down the valley, past Mettlenalp, on a lovely walk through forest and pastures, leading, eventually, back to Wengen. Five of the group took advantage of a train from Almend, to save weary legs, and were back at around 5.30pm, while the rest of us took our time, arriving an hour later. We had covered only four and a half miles, during the day, but our legs suggested otherwise.

Day 4

Wednesday 28th June

After a cloudy start, we had broken cloud and sunny intervals until late afternoon. Around 4.00pm, rain and thunderstorms, with hail showers, rather spoiled the day and it remained wet, all evening. We took the train down to Lauterbrunnen and the cable-car to Grutschalp, where we boarded another train to Murren, high on the edge of the cliff, opposite the Trummelbach Falls. After a short stroll through the village, we took the funicular railway to the restaurant at Almendhubel. The vegetation on this side of the valley provided a complete contrast to what we had seen previously. Tall herbs and marshy ground predominated, with thickets of Green Alder *Alnus viridis* and a luxuriant growth of ferns. Stony pasture was home to miniature rock gardens, with a number of interesting plants and Mountain Pansy *Viola lutea* was common, in a variety of colours. Marshy ground was thick with Broad-leaved Marsh-orchid *Dactylorhiza majalis* and after a little searching we found a number of Round-headed Orchid *Traunsteinera globosa*.

After lunch, we followed the Mountain View Trail, unfortunately, today, without the mountain views. We crossed heather-clad slopes and lush pasture, thick with Aconite-leaved Buttercup *Ranunculus aconitifolius* and the huge pleated leaves of White False-helleborine, *Veratrum album*, both plants toxic to grazing animals. We descended through damp thickets of Green Alder and tall herbs. Notable among these were Alpine Leek *Allium victorialis*, Yellow Pea *Lathyrus laevigatus* subsp. *occidentalis* and large stands of Alpine Blue-sowthistle *Cicerbita alpina*. Our final descent was through the forest, where there were large colonies of Lesser Twaybade, *Neottia cordata* and the curious *Streptopus amplexifolius*, with small, yellowish, pendant flowers, on bent pedicels, hidden beneath its leaves. We had to take extra care, as the path became muddy and slippery and we were relieved to reach Grutschalp station and our return cable-car. We were back in Wengen for 6.00pm and despite the wet finish, it had been a very interesting day.

Day 5

Thursday 29th June

We walked down to Lauterbrunnen, finding a new range of plants to interest us. In the forest were Herb-Paris *Paris quadrifolia* and Whorled Solomon's-seal *Polygonatum verticillatum* and there were beautiful patches of Dark Columbine *Aquilegia atrata* and the large Cabbage Thistle *Cirsium oleraceum*, in the meadows. We arrived in Lauterbrunnen, just after 12 noon, and had just enough time for a coffee break, before taking the bus to Trummelbach. We had lunch at a convenient picnic table, by the river, before visiting the Trummelbach Falls. The sights and sounds of the waterfalls were a memorable experience, and we marvelled at the ingenuity of the Swiss engineers who had constructed the access tunnels, 100 years previously. New plants, around the falls,

included Blue Saxifrage *Saxifraga caesia*, the rhizomatous Mountain Bladder-fern *Cystopteris montana* and a single plant of the rare Red Helleborine *Cephalanthera rubra*. We had a coffee break at the cafe, by which time it was raining steadily and half of the party opted to return to Lauterbrunnen, on the bus. The rest of us walked back along the valley and caught a later train to Wengen.

Day 6

Friday 30th June

We had a relaxing day, travelling by train down to Wilderswil, and then joining the delightful railway, for the steep climb to Schynige Platte. It was a chilly 4°C when we arrived, but the temperature soon rose as the sun came out. Cloud played around the mountains, all day, with tantalising glimpses of the summits and views of Grindewald and Lauterbrunnen, far below. We spent an absorbing morning in the Alpine Garden, enjoying its natural setting and superb display of plants, each carefully labelled. Many plants were familiar to us, by now, but there were many others that had been brought from other regions of Switzerland, each growing in its own favoured habitat. The whole garden is a great credit to the dedicated team of gardeners that keep it looking immaculate.

After lunch on the station platform, we walked across to a viewpoint, below the Oberberghorn, to look down on Interlaken and the two lakes, the Brienzensee and Thunersee. The limestone slopes of the Oberberghorn were a kaleidoscope of colour and home to several notable plants, including the robust, yellow, Leafy Lousewort *Pedicularis foliosa*, the lavender-flowered Mountain Milk-vetch *Oxytropis jacquinii* and pale-yellow Pallid Milk-vetch *Astragalus frigidus*. The stark limestone screes were a new habitat for us, where Limestone Fern *Gymnocarpium robertianum*, Angular Solomon's-seal *Polygonatum odoratum*, Whorled Solomon's-seal and Lily-of-the-Valley *Convallaria majalis* grew in extensive colonies. On the cliffs, Dwarf Buckthorn *Rhamnus pumilus* clung to the rocks and, above our heads, were bright patches of Alpine Aster and Wood Pink *Dianthus sylvestris*. Just enough time remained to walk to a second viewpoint, where St Bruno's Lily *Paradisea liliastrum* was common on the grassy slopes, before we had to return to the station, to catch our train. Between trains, at Wilderswil, we enjoyed ice creams, before the familiar journey back to Wengen.

Day 7

Saturday 1st July

We took the trains to Kleine Scheidegg and on to the Eigergletscher station. The weather, for our last day, was not at all promising. There was heavy cloud and mist over the peaks and it rained, on and off, for most of the day. Above the station platform, we made our way past the railway tunnel entrance, onto the moraines, below the west ridge of the Eiger. Although, from a distance, the moraines looked bare and devoid of vegetation, on closer inspection, they were full of colourful gems. Most attractive, among these, were Broad-leaved Mouse-ear *Cerastium latifolium*, Mt Cenis Pansy *Viola cenisia* and the deliciously scented Round-leaved Penny-cress *Thlaspi rotundifolium*. We followed the narrow ridge of the medial moraine back towards the station cafe and it was interesting, here, to see the transition from bare rock to closed turf. There were stunning patches of Moss Campion *Silene acaulis*, beautiful deep-blue Spring Gentians and Large-flowered Leopard's-bane *Doronicum grandiflorum*, looking somewhat out of place, among its tiny neighbours.

We retreated to the warmth of the station cafe for an extended coffee break, while we considered our options. A drier interlude allowed us to walk the short distance, around the cliff, to the start of the Eiger Trail. We descended far enough to see Glacier Crowfoot *Ranunculus glacialis* growing on the scree and returned to have our

lunch under the cover of the station entrance. Our planned walk, down the moraine, was out of the question, so we took the easiest option and followed the easy trail down to Kleine Scheidegg. In spite of the dismal conditions, there were lots of flowers, but we kept our heads down and walked briskly. We spent some time browsing around the tourist shops, before making a final decision on what to do with the rest of the afternoon. Eleven of the group returned on the train, leaving six of us to walk down to Wengernalp, in what was now just light rain. We soon reached the Wengernalp Hotel, where the delicious home-made apricot tart more than compensated for the weather.

Day 8

Sunday 2nd July

The good food and hospitality offered by the Hotel Berghaus had been faultless and we thanked Aldino, Martina and their staff for helping to make such a memorable week. After a relaxed breakfast and packing, we were able to take a last look around, before wandering down to the station to catch the mid-morning train and return to Zurich for the flight home.

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Species Lists

Plants (‡ = cultivated or naturalised)

Latin Name	Common Name	Notes
PTERIDOPHYTES	FERNS AND FERN ALLIES	
Aspleniaceae	Spleenwort Family	
<i>Asplenium adiantum-nigrum</i>	Black Spleenwort	Shady cliffs
<i>Asplenium ruta-muraria</i>	Wall-rue	Walls
<i>Asplenium scolopendrium</i>	Hart's-tongue	Lowland woods
<i>Asplenium septentrionale</i>	Forked Spleenwort	Rare, on rocks
<i>Asplenium trichomanes</i>	Maidenhair Spleenwort	Walls and cliffs
<i>Asplenium viride</i>	Green Spleenwort	Mountain rocks
Blechnaceae	Hard-fern Family	
<i>Blechnum spicant</i>	Hard-fern	Locally common
Dennstaedtiaceae	Bracken Family	
<i>Pteridium aquilinum</i>	Bracken	Valley woodland
Dryopteridaceae	Buckler-fern Family	
<i>Dryopteris affinis</i>	Scaly Male-fern	Widespread
<i>Dryopteris carthusiana</i>	Narrow Buckler-fern	Damp scrub
<i>Dryopteris dilatata</i>	Broad Buckler-fern	Frequent
<i>Dryopteris expansa</i>	Northern Buckler-fern	Damp scrub
<i>Dryopteris filix-mas</i>	Male-fern	Widespread
<i>Dryopteris submontana</i>	Rigid Buckler-fern	Limestone rocks. Oberberghorn
<i>Gymnocarpium dryopteris</i>	Oak Fern	Woods and rocks. Local
<i>Gymnocarpium robertianum</i>	Limestone Fern	Limestone rocks. Oberberghorn
<i>Polystichum aculeatum</i>	Hard Shield-fern	Woods. Occasional
<i>Polystichum lonchitis</i>	Holly-fern	Mountain rocks
Equisetaceae	Horsetail Family	
<i>Equisetum arvense</i>	Field Horsetail	Meadows and tracksides
<i>Equisetum palustre</i>	Marsh Horsetail	Wet pasture
<i>Equisetum sylvaticum</i>	Wood Horsetail	Woods and damp pasture
Lycopodiaceae	Clubmoss Family	
<i>Diphasiastrum alpinum</i>	Alpine Clubmoss	Occasional. Mountain turf
<i>Huperzia selago</i>	Fir Clubmoss	Frequent. Acidic pasture
<i>Lycopodium annotinum</i>	Interrupted Clubmoss	Local. Almend
<i>Lycopodium clavatum</i>	Stag's-horn Clubmoss	Local. Above Grutschalp
Ophioglossaceae	Adder's-tongue Family	
<i>Botrychium lunaria</i>	Moonwort	Short turf. Widespread
Polypodiaceae	Polypody Family	
<i>Polypodium vulgare</i>	Common Polypody	Occasional on rocks
Pteridaceae	Maidenhair Fern Family	
<i>Cryptogramma crispa</i>	Parsley Fern	Acidic rocks

Latin Name	Common Name	Notes
Selaginellaceae <i>Selaginella selaginoides</i>	Lesser Clubmoss Family Lesser Clubmoss	Occasional in turf
Thelypteridaceae <i>Oreopteris limbosperma</i> <i>Phegopteris connectilis</i>	Marsh Fern Family Lemon-scented Fern Beech Fern	Green Alder scrub and woods Woods. Occasional
Woodsiaceae <i>Athyrium distentifolium</i> <i>Athyrium filix-femina</i> <i>Cystopteris alpina</i> <i>Cystopteris fragilis</i> <i>Cystopteris montana</i> <i>Woodsia alpina</i>	Lady-fern Family Alpine Lady-fern Lady-fern Alpine Bladder-fern Brittle Bladder-fern Mountain Bladder-fern Alpine Woodsia	Mountain woods. Above Murren Occasional Rare. Grutschalp, Eiger Frequent on rocks Local. Trummelbach Rare. Almendhubel
GYMNOSPERMS	CONIFERS	
Cupressaceae <i>Juniperus communis</i> subsp. <i>nana</i>	Juniper Family Common Juniper	Mountain pasture
Pinaceae <i>Abies alba</i> <i>Larix decidua</i> <i>Picea abies</i> <i>Pinus cembra</i> ‡ <i>Pinus mugo</i> <i>Pinus sylvestris</i> <i>Pinus uncinata</i> <i>Pseudotsuga menziesii</i> ‡	Pine Family European Silver-fir Larch Norway Spruce Arolla Pine Dwarf Mountain-pine Scots Pine Mountain Pine Douglas Fir	Forests Occasional Forests Occasional Tree-line Widespread Occasional Forest below Wengen
ANGIOSPERMS	FLOWERING PLANTS	
	DICOTYLEDONS	
Adoxaceae <i>Adoxa moschatellina</i> <i>Sambucus ebulus</i> <i>Sambucus nigra</i> <i>Sambucus racemosa</i> <i>Viburnum lantana</i> <i>Viburnum opulus</i>	Moschatel Family Moschatel Dwarf Elder Common Elder Alpine Elder Wayfaring-tree Guelder-rose	Rare. Mannlichen Lowland. Wilderswil Woods Occasional. Rocky places Woods below Wengen Woods below Wengen
Amaranthaceae <i>Chenopodium album</i> <i>Chenopodium bonus-henricus</i>	Goosefoot Family Fat-hen Good-King-Henry	Occasional weed Frequent weed
Apiaceae <i>Aegopodium podagraria</i> <i>Angelica sylvestris</i> <i>Astrantia major</i> <i>Astrantia minor</i> <i>Athamanta cretensis</i> <i>Bupleurum stellatum</i>	Carrot Family Ground Elder Wild Angelica Astrantia Lesser Astrantia Athamanta Starry Hare's-ear	Below Wengen Common in lowlands Meadows Locally common Rocky places and moraines Mountain rocks

Latin Name	Common Name	Notes
<i>Chaerophyllum hirsutum</i>	Hairy Chervil	Woods
<i>Daucus carota</i>	Wild Carrot	Wilderswil
<i>Heracleum sphondylium</i>	Hogweed	Common
<i>Imperatoria ostruthium</i>	Masterwort	Common
<i>Laserpitium halleri</i>	Haller's Sermountain	Occasional
<i>Laserpitium latifolium</i>	Broad-leaved Sermountain	Trummelbach
<i>Ligusticum mutellina</i>	Alpine Lovage	Mountain pasture
<i>Ligusticum mutellinoides</i>	Unbranched Lovage	High-mountain pasture
<i>Pimpinella major</i>	Greater Burnet-saxifrage	Common
<i>Pimpinella saxifraga</i>	Burnet-saxifrage	Meadows
Araliaceae	Ivy Family	
<i>Hedera helix</i>	Ivy	Occasional
Asclepiadaceae	Milkweed Family	
<i>Vincetoxicum hirundinaria</i>	Swallow-wort	Frequent
Asteraceae	Daisy Family	
<i>Adenostyles alliariae</i>	Adenostyles	Green Alder scrub
<i>Adenostyles glabra</i>	Hairless Adenostyles	Screes. Oberberghorn
<i>Achillea atrata</i>	Dark-stemmed Sneezewort	Frequent on limestone
<i>Achillea erba-rotta</i> subsp. <i>moschata</i>	Musk Milfoil	Acidic mountain pasture
<i>Achillea millefolium</i>	Yarrow	Meadows
<i>Antennaria carpathica</i>	Carpathian Cat's-foot	Occasional. Mountain pasture
<i>Antennaria dioica</i>	Cat's-foot	Common
<i>Arnica montana</i>	Arnica	Common
<i>Aster alpinus</i>	Alpine Aster	Mountain rocks and turf
<i>Bellidastrum michelii</i>	False Aster	Common
<i>Bellis perennis</i>	Daisy	Frequent
<i>Carduus defloratus</i>	Alpine Thistle	Common
<i>Carlina acaulis</i>	Stemless Carlina Thistle	Mountain pasture
<i>Centaurea montana</i>	Mountain Cornflower	Meadows
<i>Centaurea scabiosa</i>	Greater Knapweed	Meadows
<i>Cicerbita alpina</i>	Alpine Blue-sowthistle	Forests and scrub
<i>Cirsium acaule</i>	Dwarf Thistle	Mountain pasture
<i>Cirsium oleraceum</i>	Cabbage Thistle	Common below Wengen
<i>Cirsium palustre</i>	Marsh Thistle	Occasional. Wet places
<i>Cirsium spinosissimum</i>	Spiniest Thistle	Mountain pasture
<i>Crepis aurea</i>	Golden Hawk's-beard	Meadows
<i>Crepis paludosa</i>	Marsh Hawk's-beard	Wet meadows
<i>Doronicum grandiflorum</i>	Large-flowered Leopard's-bane	Screes
<i>Erigeron alpinus</i>	Alpine Fleabane	Mountain rocks. Local
<i>Erigeron annuus</i>	Annual Fleabane	Wilderswil
<i>Erigeron uniflorus</i>	One-flowered Fleabane	Mountain rocks. Local
<i>Eupatorium cannabinum</i>	Hemp Agrimony	Lowland
<i>Gnaphthodium norvegicum</i>	Norwegian Cudweed	Occasional
<i>Gnaphthodium supinum</i>	Dwarf Cudweed	Snowbeds
<i>Hieracium angustifolium</i>	Glacier Hawkweed	Occasional
<i>Hieracium aurantiacum</i> ‡	Orange Hawkweed	Wengen
<i>Hieracium lactucella</i>	A Hawkweed	Common
<i>Hieracium murorum</i>	A Hawkweed	Occasional
<i>Hieracium pilosella</i>	Mouse-ear Hawkweed	Common
<i>Hieracium villosum</i>	Hairy Hawkweed	Mannlichen

Latin Name	Common Name	Notes
<i>Homogyne alpina</i>	Alpine Colt's-foot	Mountain turf. Common
<i>Hypochaeris uniflora</i>	Giant Cat's-ear	Mannlichen
<i>Lapsana communis</i>	Nipplewort	Below Wengen
<i>Leontodon helveticus</i>	Swiss Hawkbit	Mountain turf. Common
<i>Leontodon hispidus</i>	Alpine Hawkbit	Acidic pasture
<i>Leucanthemopsis alpina</i>	Alpine Moon Daisy	Acidic mountain turf
<i>Leucanthemum adustum</i>	Mountain Ox-eye	Mountain pasture
<i>Leucanthemum vulgare</i>	Ox-eye Daisy	Meadows
<i>Mycelis muralis</i>	Wall Lettuce	Walls
<i>Petasites albus</i>	White Butterbur	Mannlichen
<i>Petasites paradoxus</i>	Alpine Butterbur	Mountain pasture
<i>Prenanthes purpurea</i>	Purple Lettuce	Common. Forests
<i>Saussurea alpina</i>	Alpine Saw-wort	Mountain turf
<i>Senecio doronicum</i>	Chamois Ragwort	Limestone rocks and scree
<i>Senecio ovatus</i>	Wood Ragwort	Forests
<i>Solidago virgaurea</i>	Goldenrod	Mountain pasture
<i>Taraxcum alpinum</i>	Alpine Dandelion	Screes
<i>Taraxacum officinale</i>	Dandelion	Widespread
<i>Tragopogon pratensis</i>	Goat's-beard	Meadows
<i>Tussilago farfara</i>	Colt's-foot	Damp places. Widespread
Balsaminaceae	Balsam Family	
<i>Impatiens parviflora</i> ‡	Small Balsam	Woods below Wengen
Betulaceae	Birch Family	
<i>Alnus glutinosa</i>	Common Alder	Valleys, by rivers
<i>Alnus incana</i>	Grey Alder	Valleys, by rivers
<i>Alnus viridis</i>	Green Alder	Wet mountain slopes
<i>Betula pendula</i>	Silver Birch	Widespread
<i>Betula pubescens</i>	Downy Birch	Frequent
Boraginaceae	Borage Family	
<i>Echium vulgare</i>	Viper's Bugloss	Below Wengen
<i>Myosotis alpestris</i>	Alpine Forget-me-not	Common
Brassicaceae	Cabbage Family	
<i>Alliaria petiolata</i>	Garlic Mustard	Tracksides
<i>Arabis alpina</i> subsp. <i>alpina</i>	Alpine Rock-cress	Alpine rocks
<i>Arabis bellidifolia</i>	Dwarf Rock-cress	Mountain rocks
<i>Arabis caerulea</i>	Blue Rock-cress	Screes and moraines
<i>Arabis hirsuta</i>	Hairy Rock-cress	Limestone rocks
<i>Arabis soyeri</i> subsp. <i>subcoriacea</i>	Soyer's Rock-cress	Mountain rocks
<i>Barbarea vulgaris</i>	Winter-cress	Wet places, mostly lowland
<i>Biscutella laevigata</i>	Buckler Mustard	Mountain turf and moraine
<i>Capsella bursa-pastoris</i>	Shepherd's-purse	Widespread
<i>Cardamine alpina</i>	Alpine Bitter-cress	Mountain rocks
<i>Cardamine amara</i>	Large Bitter-cress	Streamsides
<i>Cardamine flexuosa</i>	Wavy Bitter-cress	Wet places
<i>Cardamine hirsuta</i>	Hairy Bitter-cress	Occasional
<i>Cardamine impatiens</i>	Narrow-leaved Bitter-cress	Damp places
<i>Cardamine pratensis</i> subsp. <i>pratensis</i>	Lady's Smock	Wet places
<i>Cardamine resedifolia</i>	Mignonette-leaved Bitter-cress	Mountain rocks
<i>Draba aizoides</i>	Yellow Whitlowgrass	Moraines

Latin Name	Common Name	Notes
<i>Draba dubia</i>	Austrian Whitlowgrass	Rocky places
<i>Draba tomentosa</i>	Wooly Whitlowgrass	Rocks. Almendhubel
<i>Erophila verna</i>	Spring Whitlowgrass	Occasional
<i>Hornungia alpina</i>	Chamois Cress	Mountain rocks and screes
<i>Kernera saxatilis</i>	Rock Kerneria	Rocks.
<i>Pseudoturritis turrita</i>	Tower Cress	Lowland rocks
<i>Sisymbrium austriacum</i>	Austrian Rocket	Waste places
<i>Thlaspi rotundifolium</i> subsp. <i>rotundifolium</i>	Round-leaved Penny-cress	Moraines and screes
Campanulaceae	Bellflower Family	
<i>Campanula barbata</i>	Bearded Bellflower	Mountain turf
<i>Campanula cochleariifolia</i>	Fairy's-thimble	Screes
<i>Campanula glomerata</i>	Clustered Bellflower	Occasional
<i>Campanula rapunculoides</i>	Creeping Bellflower	Wilderswil
<i>Campanula rhomboidalis</i>	Broad-leaved Bellflower	Common in meadows
<i>Campanula rotundifolia</i>	Harebell	Common
<i>Campanula scheuchzeri</i>	Scheuchzer's Bellflower	Mountain turf
<i>Campanula thyrsoidea</i>	Yellow Bellflower	Schynige Platte
<i>Campanula trachelium</i>	Nettle-leaved Bellflower	Woods
<i>Phyteuma betonicifolium</i>	Betony-leaved Rampion	Acidic pasture
<i>Phyteuma hemisphaericum</i>	Globe-headed Rampion	Mountain Rocks
<i>Phyteuma orbiculare</i>	Round-headed Rampion	Meadows. Frequent
<i>Phyteuma spicatum</i>	Spiked Rampion	Meadows. Frequent
Caprifoliaceae	Honeysuckle Family	
<i>Knautia arvensis</i>	Field Scabious	Common
<i>Knautia dipsacifolia</i>	Wood Scabious	Common
<i>Lonicera alpigena</i>	Alpine Honeysuckle	Occasional. Forests
<i>Lonicera caerulea</i>	Blue-berried Honeysuckle	Green Alder scrub
<i>Lonicera nigra</i>	Black-berried Honeysuckle	Woods
<i>Lonicera xylosteum</i>	Fly Honeysuckle	Woods
<i>Scabiosa columbaria</i>	Small Scabious	Common in lowlands
<i>Scabiosa lucida</i>	Shining Scabious	Meadows
<i>Succisa pratensis</i>	Devil's-bit Scabious	Damp meadows
<i>Valeriana dioica</i>	Marsh Valerian	Wet pasture
<i>Valeriana officinalis</i>	Common Valerian	Damp meadows
<i>Valeriana tripteris</i>	Three-leaved Valerian	Woods
Caryophyllaceae	Pink Family	
<i>Arenaria biflora</i>	Two-flowered Sandwort	Screes
<i>Cerastium alpinum</i>	Alpine Mouse-ear	Mountain turf
<i>Cerastium arvense</i> subsp. <i>strictum</i>	Field Mouse-ear	Frequent
<i>Cerastium cerastoides</i>	Starwort Mouse-ear	Rocks and pasture
<i>Cerastium fontanum</i>	Common Mouse-ear	Common
<i>Cerastium glomeratum</i>	Sticky Mouse-ear	Waste places
<i>Cerastium latifolium</i>	Broad-leaved Mouse-ear	Moraines and screes
<i>Dianthus barbatus</i> ‡	Sweet-William	Garden escape
<i>Dianthus carthusianorum</i>	Carthusian Pink	Almendhubel
<i>Dianthus superbus</i> ‡	Large Pink	Railway banks below Almend
<i>Dianthus sylvestris</i>	Wood Pink	Rocks. Local
<i>Gypsophila repens</i>	Alpine Gypsophila	Frequent
<i>Minuartia sedoides</i>	Mossy Cyphel	Alpine turf
<i>Minuartia verna</i>	Vernal Sandwort	Rocky places

Latin Name	Common Name	Notes
<i>Moehringia ciliata</i>	Creeping Sandwort	Screes
<i>Moehringia muscosa</i>	Mossy Sandwort	Shady places. Local
<i>Sagina procumbens</i>	Procumbent Pearlwort	Common
<i>Sagina saginoides</i>	Alpine Pearlwort	Alpine turf and screes
<i>Silene acaulis</i>	Moss Campion	Mountain turf
<i>Silene dioica</i>	Red Campion	Frequent. Meadows
<i>Silene nutans</i>	Nottingham Catchfly	Occasional. Rocks
<i>Silene pratensis</i>	White Campion	Occasional. Tracksides
<i>Silene rupestris</i>	Rock Campion	Common on rocks
<i>Silene vulgaris</i>	Bladder Campion	Occasional. Meadows
<i>Stellaria graminea</i>	Lesser Stitchwort	Occasional
<i>Stellaria holostea</i>	Greater Stichwort	Occasional
<i>Stellaria media</i>	Common Chickweed	Occasional
<i>Stellaria nemorum</i>	Wood Stitchwort	Woods
Celastraceae		
<i>Parnassia palustris</i>	Spindle Family Grass-of-Parnassus	Damp flushes
Cistaceae		
<i>Helianthemum nummularium</i> subsp. <i>grandiflorum</i>	Rockrose Family Large-flowered Common Rockrose	Common
<i>Helianthemum oelandicum</i> subsp. <i>alpestre</i>	Alpine Rockrose	Frequent
Cornaceae		
<i>Cornus sanguinea</i>	Dogwood Family Dogwood	Woods
Corylaceae		
<i>Corylus avellana</i>	Hazel Family Hazel	Woods
Crassulaceae		
<i>Sedum acre</i>	Stonecrop Family Biting Stonecrop	Occasional
<i>Sedum album</i>	White Stonecrop	Walls. Wengen
<i>Sedum annuum</i>	Annual Stonecrop	Mountain rocks
<i>Sedum alpestre</i>	Alpine Stonecrop	Mountain rocks
<i>Sedum atratum</i>	Dark Stonecrop	Mountain rocks
<i>Sedum dasyphyllum</i>	Thick-leaved Stonecrop	Walls and rocks
<i>Sedum hispanicum</i> ‡	Spanish Stonecrop	Naturalised. Wengen
<i>Sedum spurium</i> ‡	Caucasian Stonecrop	Wengen
<i>Sedum reflexum</i>	Rock Stonecrop	Occasional. Rocks
<i>Sedum rubens</i>	Reddish Stonecrop	Rocks
<i>Sedum sexangulare</i> ‡	Tasteless Stonecrop	Walls. Wengen
<i>Sempervivum montanum</i>	Mountain Houseleek	Common on rocks
<i>Sempervivum tectorum</i>	Common Houseleek	Frequent on rocks
Cuscutaceae		
<i>Cuscuta epithymum</i>	Dodder Family Common Dodder	Frequent
Ericaceae		
<i>Arctostaphylos alpinus</i>	Heather Family Alpine Bearberry	Occasional. Mountain turf
<i>Arctostaphylos uva-ursi</i>	Bearberry	Acidic heaths
<i>Calluna vulgaris</i>	Ling	Frequent
<i>Empetrum nigrum</i> subsp. <i>hermaphroditum</i>	Hermaphrodite Crowberry	Acidic heaths
<i>Erica carnea</i>	Spring Heath	Frequent on limestone

Latin Name	Common Name	Notes
<i>Kalmia procumbens</i>	Trailing Azalea	Acidic heaths
<i>Moneses uniflora</i>	One-flowered Wintergreen	Forest
<i>Orthilia secunda</i>	Serrated Wintergreen	Forest
<i>Pyrola minor</i>	Lesser Wintergreen	Forest
<i>Rhododendron ferrugineum</i>	Alpenrose	Common
<i>Rhododendron hirsutum</i>	Hairy Alpenrose	Common on limestone
<i>Vaccinium myrtillus</i>	Bilberry	Common
<i>Vaccinium uliginosum</i> agg.	Bog Whortleberry	Common
<i>Vaccinium vitis-idaea</i>	Cowberry	Common
Euphorbiaceae	Spurge Family	
<i>Euphorbia cyparissias</i>	Cypress Spurge	Frequent on limestone
<i>Mercurialis perennis</i>	Dog's Mercury	Woods
Fabaceae	Pea Family	
<i>Anthyllis vulneraria</i> subsp. <i>alpestris</i>	Alpine Kidney Vetch	Mountain pasture
<i>Astragalus alpinus</i>	Alpine Milk-vetch	Mountain turf
<i>Astragalus australis</i>	Southern Milk-vetch	Mountain turf
<i>Astragalus frigidus</i>	Pallid Milk-vetch	Limestone cliffs
<i>Astragalus glycyphyllos</i>	Wild Liquorice	Occasional
<i>Astragalus penduliflorus</i>	Mountain Lentil	Limestone cliffs
<i>Coronilla emerus</i>	False Senna	Occasional
<i>Coronilla vaginalis</i>	Small Scorpion-vetch	Cliffs below Wengen
<i>Hedysarum hedysaroides</i>	Alpine Sainfoin	Mountain pasture
<i>Hippocrepis comosa</i>	Horseshoe Vetch	Common
<i>Lathyrus aphaca</i>	Yellow Vetchling	Meadows
<i>Lathyrus laevigatus</i> subsp. <i>occidentalis</i>	Yellow Pea	Green Alder scrub. Grutschalp
<i>Lathyrus pratensis</i>	Meadow Vetchling	Meadows
<i>Lotus alpinus</i>	Alpine Bird's-foot-trefoil	Mountain turf
<i>Lotus corniculatus</i>	Bird's-foot-trefoil	Meadows
<i>Lotus uliginosus</i>	Greater Bird's-foot-trefoil	Wet meadows
<i>Medicago lupulina</i>	Black Medick	Common
<i>Medicago sativa</i> †	Lucerne	Occasional weed
<i>Melilotus albus</i>	White Melilot	Lowland
<i>Melilotus indicus</i>	Small Melilot	Lowland
<i>Onobrychis arenaria</i>	Small Sainfoin	Occasional
<i>Onobrychis montana</i>	Mountain Sainfoin	Mountain pasture
<i>Onobrychis viciifolia</i>	Sainfoin	Occasional
<i>Ononis repens</i>	Common Restharrow	Below Wengen
<i>Oxytropis campestris</i>	Yellow Milk-vetch	Locally common
<i>Oxytropis jacquinii</i>	Mountain Milk-vetch	Moraines. Local
<i>Oxytropis lapponica</i>	Northern Milk-vetch	Moraines. local
<i>Robinia pseudoacacia</i> †	False Acacia	Lowlands
<i>Securigera varia</i>	Crown Vetch	Wilderswil
<i>Trifolium alpinum</i>	Alpine Clover	Common
<i>Trifolium badium</i>	Brown Clover	Mountain meadows
<i>Trifolium montanum</i>	Mountain Clover	Mountain pasture
<i>Trifolium pratense</i>	Red Clover	Meadows
<i>Trifolium repens</i>	White Clover	Frequent
<i>Trifolium thalii</i>	Thal's Clover	Mountain turf and scree
<i>Vicia cracca</i>	Tufted Vetch	Frequent
<i>Vicia sepium</i>	Bush Vetch	Occasional
<i>Vicia sylvatica</i>	Wood Vetch	Woods

Latin Name	Common Name	Notes
Fagaceae		
<i>Castanea sativa</i> †	Beech Family Sweet Chestnut	Occasional
<i>Fagus sylvatica</i>	Beech	Valley forest
<i>Quercus petraea</i>	Sessile Oak	Frequent. Woods
<i>Quercus robur</i>	Pedunculate Oak	Occasional
Gentianaceae		
<i>Gentiana acaulis</i>	Gentian Family Trumpet Gentian	Mountain pasture
<i>Gentiana asclepiadea</i>	Willow Gentian	Woods on limestone
<i>Gentiana bavarica</i>	Bavarian Gentian	Marshes
<i>Gentiana brachyphylla</i>	Short-leaved Gentian	Alpine turf
<i>Gentiana clusii</i>	Clusius' Gentian	Limestone pasture
<i>Gentiana lutea</i>	Great Yellow Gentian	Mountain pasture
<i>Gentiana nivalis</i>	Snow Gentian	Occasional. Mountain pasture
<i>Gentiana purpurea</i>	Purple Gentian	Green Alder scrub and pasture
<i>Gentiana verna</i>	Spring Gentian	Mountain pasture
Geraniaceae		
<i>Geranium pyrenaicum</i>	Crane's-bill Family Pyrenean Crane's-bill	Occasional
<i>Geranium robertianum</i>	Herb Robert	Occasional
<i>Geranium sylvaticum</i>	Wood Crane's-bill	Common
Hypericaceae		
<i>Hypericum maculatum</i>	St John's-wort Family Imperforate St John's-wort	Frequent
Juglandaceae		
<i>Juglans regia</i> †	Walnut Family Walnut	Occasional
Lamiaceae		
<i>Ajuga pyramidalis</i>	Dead-nettle Family Pyramidal Bugle	Locally common
<i>Ajuga reptans</i>	Common Bugle	Common
<i>Betonica officinalis</i>	Betony	Meadows
<i>Clinopodium alpinum</i>	Alpine Calamint	Occasional. Rocky banks
<i>Clinopodium vulgare</i>	Wild Basil	Frequent
<i>Galeopsis tetrahit</i>	Common Hemp-nettle	Occasional
<i>Glechoma hederacea</i>	Ground-ivy	Woods
<i>Lamium maculatum</i>	Yellow Archangel	Woods
<i>Lamium purpureum</i>	Spotted Dead-nettle	Occasional
<i>Origanum vulgare</i>	Red Dead-nettle	Occasional
<i>Prunella grandiflora</i>	Marjoram	Occasional. Meadows
<i>Prunella vulgaris</i>	Large-flowered Self-heal	Meadows. Trummelbach
<i>Salvia glutinosa</i>	Self-heal	Common
<i>Salvia pratensis</i>	Sticky Clary	Forest. Wilderwil
<i>Stachys alpina</i>	Meadow Clary	Meadows. Trummelbach
<i>Stachys sylvatica</i>	Alpine Woundwort	Below Wengen
<i>Teucrium chamaedrys</i>	Hedge Woundwort	Woods
<i>Teucrium montanum</i>	Wall Germander	Below Wengen
<i>Teucrium scorodonia</i>	Mountain Germander	Trummelbach
<i>Thymus polytrichus</i>	Wood Sage	Woods
	Wild Thyme	Common
Lentibulariaceae		
<i>Pinguicula alpina</i>	Butterwort Family Alpine Butterwort	Mountain rocks and turf

Latin Name	Common Name	Notes
<i>Pinguicula vulgaris</i>	Common Butterwort	Wet turf
Linaceae	Flax Family	
<i>Linum alpinum</i>	Alpine Flax	Wengernalp
<i>Linum catharticum</i>	Fairy Flax	Common
Oleaceae	Ash Family	
<i>Fraxinus excelsior</i>	Ash	Lowland
<i>Ligustrum vulgare</i>	Wild Privet	Lowland
Onagraceae	Willowherb Family	
<i>Chamerion angustifolium</i>	Rosebay Willowherb	Occasional
<i>Epilobium alpestre</i>	Whorled-leaved Willowherb	Frequent
<i>Epilobium alsinifolium</i>	Chickweed Willowherb	Frequent
<i>Epilobium anagallidifolium</i>	Pimpernel-leaved Willowherb	Frequent
<i>Epilobium hirsutum</i>	Great Willowherb	Lowlands
<i>Epilobium montanum</i>	Broad-leaved Willowherb	Occasional
Orobanchaceae	Broomrape Family	
<i>Bartsia alpina</i>	Alpine Bartsia	Mountain turf
<i>Euphrasia minima</i>	Dwarf Eyebright	Local. Mountain pasture
<i>Euphrasia officinalis</i> subsp. <i>monticola</i>	Montane Eyebright	Mountain pasture
<i>Euphrasia officinalis</i> subsp. <i>pratensis</i>	Rostkov's Eyebright	Valley meadows
<i>Euphrasia salisburgensis</i>	Irish Eyebright	Pasture
<i>Melampyrum pratense</i>	Common Cow-wheat	Woods
<i>Melampyrum sylvaticum</i>	Small Cow-wheat	Forest
<i>Orobanche alba</i>	Thyme Broomrape	Occasional
<i>Orobanche caryophyllacea</i>	Clove-scented Broomrape	Occasional
<i>Pedicularis foliosa</i>	Leafy Lousewort	Local. Limestone pasture
<i>Pedicularis kernerii</i>	Kerner's Lousewort	Alpine turf
<i>Pedicularis oederi</i>	Crimson-tipped Lousewort	Alpine turf
<i>Pedicularis tuberosa</i>	Long-beaked Yellow Lousewort	Acidic turf
<i>Pedicularis verticillata</i>	Whorled Lousewort	Mountain turf
<i>Rhinanthus alectorolophus</i>	Greater Yellow-rattle	Common. Meadows
<i>Rhinanthus glacialis</i>	Glacier Yellow-rattle	Mountain pasture
<i>Rhinanthus minor</i>	Yellow-rattle	Uncommon. Pasture
Oxalidaceae	Wood-sorrel Family	
<i>Oxalis acetosella</i>	Wood-sorrel	Shaded rocks
Papaveraceae	Poppy Family	
<i>Papaver cambricum</i> ‡	Welsh Poppy	Occasional
<i>Papaver rhoeas</i>	Common Poppy	Occasional. Lowland
Plantaginaceae	Plantain and Speedwell Family	
<i>Cymbalaria muralis</i> ‡	Ivy-leaved Toadflax	Occasional on walls
<i>Digitalis grandiflora</i>	Large Yellow Foxglove	Local. Forest
<i>Erinus alpinus</i>	Fairy Foxglove	Frequent
<i>Globularia cordifolia</i>	Matted Globularia	Frequent
<i>Globularia nudicaulis</i>	Leafless-stemmed Globularia	Frequent
<i>Linaria alpina</i>	Alpine Toadflax	Moraine and scree
<i>Plantago alpina</i>	Alpine Plantain	Mountain turf
<i>Plantago atrata</i>	Dark Plantain	Mountain turf

Latin Name	Common Name	Notes
<i>Plantago major</i>	Greater Plantain	Occasional
<i>Plantago maritima</i> subsp. <i>serpentina</i>	Fleshy Plantain	Frequent
<i>Plantago media</i>	Hoary Plantain	Occasional
<i>Plantago lanceolata</i>	Ribwort Plantain	Occasional
<i>Veronica alpina</i>	Alpine Speedwell	Stony mountain pasture
<i>Veronica aphylla</i>	Leafless-stemmed Speedwell	Stony mountain pasture
<i>Veronica beccabunga</i>	Brooklime	Wet places
<i>Veronica bellidioides</i>	Violet Speedwell	Acidic pasture
<i>Veronica chamaedrys</i>	Germander Speedwell	Below Wengen
<i>Veronica fruticans</i>	Rock Speedwell	Mountain rocks
<i>Veronica fruticulosa</i>	A Rock Speedwell	Oberberghorn
<i>Veronica officinalis</i>	Heath Speedwell	Woods
<i>Veronica serpyllifolia</i>	Thyme-leaved Speedwell	Frequent
<i>Veronica urticifolia</i>	Nettle-leaved Speedwell	Woods
Polygalaceae	Milkwort Family	
<i>Polygala alpestris</i>	Mountain Milkwort	Common
<i>Polygala alpina</i>	Alpine Milkwort	Mountain rocks
<i>Polygala chamaebuxus</i>	Shrubby Milkwort	Frequent on rocks
Polygonaceae	Dock Family	
<i>Fallopia japonica</i> ‡	Japanese Knotweed	Lowland
<i>Oxyria digyna</i>	Mountain Sorrel	Mountain rocks and scree
<i>Persicaria bistorta</i>	Common Bistort	Damp pasture
<i>Persicaria vivipara</i>	Alpine Bistort	Common. Mountain turf
<i>Rumex acetosa</i>	Common Sorrel	Widespread
<i>Rumex acetosella</i>	Sheep's Sorrel	Acidic pasture
<i>Rumex alpestris</i>	Mountain Dock	Mountain pasture
<i>Rumex alpinus</i>	Monk's-rhubarb	Disturbed mountain pasture
<i>Rumex obtusifolius</i>	Broad-leaved Dock	Occasional
<i>Rumex scutatus</i>	French Sorrel	Rocks and scree
Primulaceae	Primrose Family	
<i>Androsace chamaejasme</i>	Ciliate Rock-jasmine	Frequent
<i>Androsace helvetica</i>	Swiss Rock-jasmine	Alpine cliffs
<i>Androsace obtusifolia</i>	Blunt-leaved Rock-jasmine	Acidic turf
<i>Androsace pubescens</i>	Hairy Rock-jasmine	Rare. Mountain rocks
<i>Lysimachia nemorum</i>	Yellow Pimpernel	Damp woods
<i>Primula auricula</i>	Auricula	Mountain rocks and turf
<i>Primula elatior</i>	Oxlip	Snowbeds
<i>Primula farinosa</i>	Bird's-eye Primrose	Mountain turf
<i>Primula hirsuta</i>	Hairy Primrose	Acidic rocks
<i>Primula veris</i>	Cowslip	Below Wengen
<i>Soldanella alpina</i>	Alpine Snowbell	Common
Ranunculaceae	Buttercup Family	
<i>Aconitum lycoctonum</i> subsp. <i>vulparia</i>	Wolf's-bane	Frequent. Forest
<i>Aconitum napellus</i> agg.	Monk's-hood	Damp meadows
<i>Aconitum variegatum</i> subsp. <i>paniculatum</i>	Variiegated Monk's-hood	Damp meadows
<i>Actaea spicata</i>	Baneberry	Woods
<i>Anemone narcissiflora</i>	Narcissus-flowered Anemone	Mountain pasture
<i>Anemone nemorosa</i>	Wood Anemone	Woods
<i>Aquilegia alpina</i>	Alpine Columbine	Rare. Biglenalp, Eiger

Latin Name	Common Name	Notes
<i>Aquilegia atrata</i>	Dark Columbine	Forest and meadows
<i>Caltha palustris</i>	Marsh-marigold	Flushes and streamsides
<i>Clematis alpina</i> ‡	Alpine Clematis	Alpine Garden
<i>Clematis vitalba</i>	Old Man's Beard	Common. Lowland
<i>Delphinium elatum</i>	Alpine Larkspur	Occasional
<i>Hepatica nobilis</i>	Liverleaf	Woodland
<i>Pulsatilla alpina</i> subsp. <i>alpina</i>	Alpine Pasqueflower	Frequent on limestone
<i>Pulsatilla alpina</i> subsp. <i>apiifolia</i>	Alpine Pasqueflower	Frequent on acidic soils
<i>Pulsatilla vernalis</i>	Spring Pasqueflower	Locally common
<i>Ranunculus aconitifolius</i>	Aconite-leaved Buttercup	Locally common
<i>Ranunculus acris</i>	Meadow Buttercup	Common
<i>Ranunculus alpestris</i>	Alpine Buttercup	Snowbeds. Common
<i>Ranunculus glacialis</i>	Glacier Crowfoot	Alpine screes. Eiger
<i>Ranunculus kuepferi</i>	Kupfer's Buttercup	Locally common
<i>Ranunculus montanus</i>	Mountain Buttercup	Mountain pasture
<i>Ranunculus repens</i>	Creeping Buttercup	Occasional. Meadows
<i>Thalictrum alpinum</i>	Alpine Meadow-rue	Uncommon. Alpine turf
<i>Thalictrum aquilegifolium</i>	Great Meadow-rue	Mountain meadows
<i>Thalictrum foetidum</i>	Stinking Meadow-rue	Trummelbach
<i>Trollius europaeus</i>	Globeflower	Common
Rhamnaceae	Buckthorn Family	
<i>Rhamnus alpinus</i>	Alpine Buchthorn	Rocky places
<i>Rhamnus pumilus</i>	Dwarf Buckthorn	Limestone rocks. Oberberghorn
Rosaceae	Rose Family	
<i>Agrimonia eupatoria</i>	Agrimony	Occasional. Lowland
<i>Alchemilla alpina</i>	Alpine Lady's-mantle	Common
<i>Alchemilla conjuncta</i>	Silver Lady's-mantle	Frequent
<i>Alchemilla glabra</i>	Smooth Lady's-mantle	Frequent
<i>Alchemilla pentaphyllea</i>	Cut-leaved Lady's-mantle	Snowbeds
<i>Alchemilla vulgaris</i> agg.	Lady's-mantle	Frequent
<i>Alchemilla xanthochlora</i>	Pale Lady's-mantle	Frequent
<i>Aruncus dioicus</i>	Goat's-beard Spiraea	Woods. Below Wengen
<i>Cotoneaster integerrima</i>	Wild Cotoneaster	Mountain rocks. Oberberghorn
<i>Crataegus monogyna</i>	Hawthorn	Woods
<i>Dryas octopetala</i>	Mountain Avens	Mountain rocks and scree
<i>Filipendula ulmaria</i>	Meadowsweet	Lowland meadows
<i>Fragaria vesca</i>	Wild Strawberry	Woods and pasture
<i>Geum montanum</i>	Alpine Avens	Mountain turf
<i>Geum rivale</i>	Water Avens	Occasional. Wet pasture
<i>Geum urbanum</i>	Herb Bennet	Woods
<i>Potentilla aurea</i>	Golden Cinquefoil	Occasional. Mountain turf
<i>Potentilla crantzii</i>	Alpine Cinquefoil	Common. Mountain turf
<i>Potentilla erecta</i>	Tormentil	Acidic turf
<i>Potentilla sterilis</i>	Barren Strawberry	Frequent
<i>Poterium sanguisorba</i>	Salad Burnet	Widespread
<i>Prunus avium</i>	Wild Cherry	Woods
<i>Rosa canina</i>	Dog-rose	Below Wengen
<i>Rosa glauca</i>	Blue-leaved Rose	Occasional
<i>Rosa micrantha</i>	Small-flowered Sweet-briar	Occasional
<i>Rosa pendulina</i>	Alpine Rose	Frequent. Mountains
<i>Rosa rubiginosa</i>	Sweet-briar	Below Wengen

Latin Name	Common Name	Notes
<i>Rubus idaeus</i>	Raspberry	Woods
<i>Rubus saxatilis</i>	Stone Bramble	Occasional. Rocky places
<i>Sibbaldia procumbens</i>	Sibbaldia	Snowbeds
<i>Sorbus aria</i>	Whitebeam	Occasional. Woods
<i>Sorbus aucuparia</i>	Rowan	Woods
<i>Sorbus chamaemespilus</i>	False-medlar	Mountain pasture
<i>Sorbus mougeotii</i>	Mougeot's Whitebeam	Woods
Rubiaceae	Madder Family	
<i>Asperula cynanchica</i>	Squinancywort	Occasional
<i>Cruciata laevipes</i>	Crosswort	Meadows
<i>Galium anisophyllum</i>	Dwarf Bedstraw	Frequent
<i>Galium megalospermum</i>	Swiss Bedstraw	Moraines
<i>Galium mollugo</i>	Hedge Bedstraw	Meadows
<i>Galium odoratum</i>	Woodruff	Woods
<i>Galium pumilum</i>	Slender Bedstraw	Frequent
<i>Galium verum</i>	Lady's Bedstraw	Meadows
Salicaceae	Willow Family	
<i>Populus alba</i>	White Poplar	Lowland
<i>Populus tremula</i>	Aspen	Occasional
<i>Salix aurita</i>	Eared Willow	Widespread
<i>Salix breviserrata</i>	Finely-toothed Willow	Occasional
<i>Salix caprea</i>	Goat Willow	Lowland
<i>Salix elaeagnos</i>	Olive Willow	Lowland. By rivers
<i>Salix foetida</i>	Stinking Willow	Locally common
<i>Salix hastata</i>	Large-stipuled Willow	Local. Lauberhorn
<i>Salix glaucosericea</i>	Silky Willow	Local. Lauberhorn
<i>Salix hegetschweileri</i>	Alpine Willow	Mountain turf
<i>Salix helvetica</i> ‡	Swiss Willow	Garden. Murren
<i>Salix herbacea</i>	Least Willow	Mountain turf
<i>Salix laggeri</i>	Lagger's Willow	Local. Lauberhorn
<i>Salix myrsinites</i>	Whortle-leaved Willow	Mountain turf
<i>Salix reticulata</i>	Net-leaved Willow	Alpine rocks and turf
<i>Salix retusa</i>	Retuse-leaved Willow	Alpine rocks and turf
<i>Salix serpyllifolia</i>	Thyme-leaved Willow	Alpine rocks and turf
Sapindaceae	Maple Family	
<i>Acer campestre</i>	Field Maple	Frequent
<i>Acer platanoides</i>	Norway Maple	Occasional
<i>Acer pseudoplatanus</i>	Sycamore	Common
Santalaceae	Bastard-toadflax Family	
<i>Thesium alpinum</i>	Alpine Bastard-toadflax	Occasional. Pasture
<i>Thesium pyrenaicum</i>	Pyrenean Bastard-toadflax	Uncommon. Pasture
Saxifragaceae	Saxifrage Family	
<i>Chrysosplenium alternifolium</i>	Alternate-leaved Golden-saxifrage	Occasional
<i>Saxifraga aizoides</i>	Yellow Mountain Saxifrage	Wet turf and scree
<i>Saxifraga androsacea</i>	Scree Saxifrage	Damp scree and snowbeds
<i>Saxifraga aspera</i>	Rough Saxifrage	Occasional. Rocks
<i>Saxifraga bryoides</i>	Mossy Saxifrage	Acidic rocks

Latin Name	Common Name	Notes
<i>Saxifraga caesia</i>	Blue Saxifrage	Limestone rocks and scree
<i>Saxifraga exarata</i> subsp. <i>moschata</i>	Musky Saxifrage	Mountain rocks
<i>Saxifraga oppositifolia</i>	Purple Saxifrage	Rocks, moraine and scree
<i>Saxifraga paniculata</i>	Livelong Saxifrage	Rocks
<i>Saxifraga rotundifolia</i>	Round-leaved Saxifrage	Damp shaded rocks
<i>Saxifraga stellaris</i>	Starry Saxifrage	Acidic flushes
Scrophulariaceae	Figwort Family	
<i>Verbascum nigrum</i>	Dark Mullein	Lowland
Solanaceae	Nightshade Family	
<i>Atropa bella-donna</i>	Deadly Nightshade	Forest. Wilderwil
<i>Solanum nigrum</i>	Black Nightshade	Trummelbach
Thymelaeaceae	Mezereon Family	
<i>Daphne mezereum</i>	Mezereon	Local. Mountain pasture
Tiliaceae	Lime Family	
<i>Tilia cordata</i>	Small-leaved Lime	Lowland
<i>Tilia platyphyllos</i>	Large-leaved Lime	Lowland
Ulmaceae	Elm Family	
<i>Ulmus glabra</i>	Wych Elm	Valley woods
Urticaceae	Nettle Family	
<i>Urtica dioica</i>	Common Nettle	Widespread
Violaceae	Violet Family	
<i>Viola biflora</i>	Yellow Wood Violet	Common
<i>Viola calcarata</i>	Long-spurred Pansy	Locally common
<i>Viola cenisia</i>	Mt Cenis Pansy	Moraine and scree
<i>Viola lutea</i>	Mountain Pansy	Locally common
<i>Viola palustris</i>	Marsh Violet	Common
<i>Viola riviniana</i>	Common Dog-violet	Common
<i>Viola tricolor</i>	Wild Pansy	Local
MONOCOTYLEDONS		
Amaryllidaceae	Daffodil Family	
<i>Allium schoenoprasum</i>	Chives	Occasional. Mountains
<i>Allium scordoprasum</i>	Sand Leek	Uncommon. Meadows. Trummelbach
<i>Allium senescens</i>	Mountain Onion	Mannlichen
<i>Allium victorialis</i>	Alpine Leek	Uncommon. Mountain pasture
Asparagaceae	Asparagus Family	
<i>Anthericum ramosum</i>	Branched St Bernard's Lily	Trummelbach
<i>Convallaria majalis</i>	Lily-of-the-Valley	Limestone cliffs and scree
<i>Maianthemum bifolium</i>	May Lily	Mountain woods
<i>Paradisea liliastrum</i>	St Bruno's Lily	Local. Mountain pasture
<i>Polygonatum odoratum</i>	Angular Solomon's-seal	Limestone cliffs and scree
<i>Polygonatum verticillatum</i>	Whorled Solomon's-seal	Occasional. Forests

Latin Name	Common Name	Notes
Colchicaceae	Meadow Saffron Family	
<i>Colchicum autumnale</i>	Meadow Saffron	Meadows below Wengen
Cyperaceae	Sedge Family	
<i>Carex atrata</i>	Black Alpine Sedge	Wet mountain pasture
<i>Carex canescens</i>	White Sedge	Wet mountain pasture
<i>Carex capillaris</i>	Hair Sedge	Wet mountain pasture
<i>Carex caryophyllea</i>	Spring Sedge	Dry pasture
<i>Carex curvula</i>	An alpine Sedge	Dominant. Mountain turf
<i>Carex davalliana</i>	Davall's Sedge	Wet calcareous turf
<i>Carex echinata</i>	Star Sedge	Frequent
<i>Carex ferruginea</i>	Rusty Sedge	Dominant. Limestone turf
<i>Carex flacca</i>	Glaucous Sedge	Common
<i>Carex flava</i>	Yellow Sedge	Marshes
<i>Caex nigra</i>	Black Sedge	Common
<i>Carex panicea</i>	Carnation Sedge	Common
<i>Carex rostrata</i>	Bottle Sedge	Pond margins
<i>Carex sempervirens</i>	Evergreen Sedge	Mountain grassland on limestone
<i>Eriophorum angustifolium</i>	Common Cottongrass	Wet flushes and bogs
<i>Eriophorum latifolium</i>	Broad-leaved Cottongrass	Marshes
<i>Eriophorum scheuchzeri</i>	Scheuchzer's Cottongrass	Occasional. Bogs
<i>Eriophorum vaginatum</i>	Hare's-tail Cottongrass	Acidic bogs
Iridaceae	Iris Family	
<i>Crocus vernus</i>	Spring Crocus	Common
Juncaceae	Rush Family	
<i>Juncus alpinoarticulatus</i>	Alpine Rush	Wet mountain pasture
<i>Juncus jacquinii</i>	Jacquin's Rush	Wet mountain pasture
<i>Juncus trifidus</i>	Three-leaved Rush	Acidic mountain turf
<i>Juncus triglumis</i>	Three-flowered Rush	Acidic mountain turf
<i>Luzula alpinopilosa</i>	Alpine Wood-rush	Mountain turf
<i>Luzula lutea</i>	Yellow Wood-rush	Mountain turf
<i>Luzula multiflora</i>	Heath Wood-rush	Mountain turf
<i>Luzula spicata</i>	Spiked Wood-rush	Mountain turf
<i>Luzula sylvatica</i>	Great Wood-rush	Woods
Liliaceae	Lily Family	
<i>Gagea serotina</i>	Snowdon Lily	Mountain turf
<i>Lilium martagon</i>	Martagon Lily	Woods
<i>Streptopus amplexifolius</i>	Streptopus	Occasional. Forests
Melanthiaceae	Herb-Paris Family	
<i>Paris quadrifolia</i>	Herb-Paris	Local. Woods
<i>Veratrum album</i>	White False-helleborine	Mountain pasture
Orchidaceae	Orchid Family	
<i>Cephalantha longifolia</i>	Narrow-leaved Helleborine	Frequent. Woods
<i>Cephalanthera rubra</i>	Red Helleborine	Local. Trummelbach
<i>Chamorchis alpina</i>	Dwarf Orchid	Local
<i>Coeloglossum viride</i>	Frog Orchid	Frequent
<i>Corallorhiza trifida</i>	Coralroot Orchid	Local. Forests
<i>Cypripedium calceolus</i>	Lady's-slipper	Local

Latin Name	Common Name	Notes
<i>Dactylorhiza fuchsii</i>	Common Spotted-orchid	Damp base-rich soils
<i>Dactylorhiza maculata</i>	Heath Spotted-orchid	Acidic soils
<i>Dactylorhiza majalis</i>	Broad-leaved Marsh-orchid	Common
<i>Epipactis atrorubens</i>	Dark-red Helleborine	Frequent. Forests
<i>Epipactis helleborine</i>	Broad-leaved Helleborine	Frequent. Forests
<i>Gymnadenia conopsea</i>	Fragrant-orchid	Common
<i>Gymnadenia odoratissima</i>	Short-spurred Fragrant-orchid	Local. Trummelbach
<i>Gymnadenia rhellicani</i>	Vanilla Orchid	Locally common
<i>Neotinea ustulata</i>	Burnt Orchid	Uncommon. Mountain pasture
<i>Neottia cordata</i>	Lesser Twayblade	Locally common
<i>Neottia nidus-avis</i>	Bird's-nest Orchid	Frequent. Forests
<i>Neottia ovata</i>	Twayblade	Locally common
<i>Orchis mascula</i>	Early-purple Orchid	Common
<i>Platanthera bifolia</i>	Lesser Butterfly-orchid	Locally frequent. Forests
<i>Pseudorchis albida</i>	Small-white Orchid	Common. Mountain turf
<i>Traunsteinera globosa</i>	Round-headed Orchid	Local
Poaceae		
<i>Agropyron repens</i>	Common Couch	Occasional
<i>Agrostis capillaris</i>	Common Bent	Common
<i>Anthoxanthum alpinum</i>	Alpine Vernal-grass	Frequent. Mountain turf
<i>Anthoxanthum odoratum</i>	Sweet Vernal-grass	Common
<i>Arrhenatherum elatius</i>	False Oat-grass	Common
<i>Brachypodium sylvaticum</i>	False Brome	Woods
<i>Briza media</i>	Quaking-grass	Locally common
<i>Bromus hordeaceus</i>	Soft Brome	Frequent
<i>Bromus sterilis</i>	Barren Brome	Frequent
<i>Cynosurus cristatus</i>	Crested Dog's-tail	Common
<i>Dactylis glomerata</i>	Cock's-foot	Common
<i>Deschampsia cespitosa</i>	Tufted Hair-grass	Wet mountain pasture
<i>Deschampsia flexuosa</i>	Wavy Hair-grass	Acidic mountain turf
<i>Festuca ovina</i>	Sheep's-fescue	Common
<i>Festuca rubra</i>	Red Fescue	Common
<i>Festuca violacea</i>	Violet Fescue	Mountain turf
<i>Holcus lanatus</i>	Yorkshire-fog	Locally common
<i>Holcus mollis</i>	Creeping Soft-grass	Locally common
<i>Koeleria macrantha</i>	Crested Hair-grass	Frequent
<i>Lolium perenne</i>	Perennial Rye-grass	Frequent
<i>Melica uniflora</i>	Wood Melick	Woods
<i>Nardus stricta</i>	Mat-grass	Common
<i>Phleum alpinum</i>	Alpine Timothy	Frequent. Mountain pasture
<i>Phleum pratense</i>	Timothy	Common
<i>Poa alpina</i>	Alpine Meadow-grass	Common
<i>Poa annua</i>	Annual Meadow-grass	Common on trackways
<i>Poa pratensis</i>	Smooth Meadow-grass	Common. Meadows
<i>Poa nemoralis</i>	Wood Meadow-grass	Frequent
<i>Poa supina</i>	Creeping Meadow-grass	Frequent
<i>Poa trivialis</i>	Rough Meadow-grass	Frequent
<i>Schedonorus pratensis</i>	Meadow Fescue	Common
<i>Sesleria caerulea</i>	Blue Moor-grass	Common. Limestone pasture
Tofieldiaceae		
<i>Tofieldia calyculata</i>	Scottish Asphodel Family Tofield's Asphodel	Common

Birds (✓=recorded but not counted; H = heard only)

	Common name	Latin name	June/July							
			25	26	27	28	29	30	1	2
1	Mute Swan	<i>Cygnus olor</i>	✓							
2	Great Crested Grebe	<i>Podiceps cristatus</i>	✓							✓
3	Red Kite	<i>Milvus milvus</i>						✓		✓
4	Bearded Vulture	<i>Gypaetus barbatus</i>				✓				
5	Common Buzzard	<i>Buteo buteo</i>	✓					✓		✓
6	Golden Eagle	<i>Aquila chrysaetos</i>						✓		
7	Common Kestrel	<i>Falco tinnunculus</i>	✓					✓		
8	Black-headed Gull	<i>Chroicocephalus ridibundus</i>	✓							✓
9	Common Wood Pigeon	<i>Columba palumbus</i>						✓	✓	
10	Common Swift	<i>Apus apus</i>	✓	✓	✓	✓	✓	✓	✓	✓
11	Alpine Swift	<i>Tachymarptis melba</i>	✓							
12	Great Spotted Woodpecker	<i>Dendrocopos major</i>			H					
13	Red-backed Shrike	<i>Lanius collurio</i>						✓		
14	Eurasian Jay	<i>Garrulus glandarius</i>			✓					
15	Eurasian Magpie	<i>Pica pica</i>			✓					
16	Spotted Nutcracker	<i>Nucifraga caryocatactes</i>			✓	✓			✓	
17	Alpine Chough	<i>Pyrrhocorax graculus</i>		✓		✓		✓	✓	
18	Carrion Crow	<i>Corvus corone</i>	✓	✓	✓	✓	✓	✓	✓	✓
19	Northern Raven	<i>Corvus corax</i>		✓	✓	✓		✓	✓	
20	Coal Tit	<i>Parus ater</i>				✓	✓	✓		
21	Great Tit	<i>Parus major</i>			✓	✓				
22	Eurasian Skylark	<i>Alauda arvensis</i>		H				✓		
23	Common House Martin	<i>Delichon urbicum</i>						✓		
24	Common Chiffchaff	<i>Phylloscopus collybita</i>				✓				
25	Eurasian Blackcap	<i>Sylvia atricapilla</i>		H	H	✓	✓	✓		
26	Common Firecrest	<i>Regulus ignicapilla</i>			H	H	H			
27	Eurasian Wren	<i>Troglodytes troglodytes</i>			✓					
28	Ring Ouzel	<i>Turdus torquatus</i>						✓		
29	Common Blackbird	<i>Turdus merula</i>	✓	✓	✓	✓	✓	✓	✓	✓
30	Fieldfare	<i>Turdus pilaris</i>			✓	✓				
31	Song Thrush	<i>Turdus philomelos</i>				✓				
32	Black Redstart	<i>Phoenicurus ochruros</i>	✓	✓	✓	✓	✓	✓	✓	
33	Northern Wheatear	<i>Oenanthe oenanthe</i>		✓						
34	White-throated Dipper	<i>Cinclus cinclus</i>					✓			
35	House Sparrow	<i>Passer domesticus</i>	✓	✓	✓	✓	✓	✓	✓	✓
36	White-winged Snowfinch	<i>Montifringilla nivalis</i>		✓					✓	
37	Alpine Accentor	<i>Prunella collaris</i>							✓	
38	White Wagtail	<i>Motacilla alba</i>				✓	✓			
39	Water Pipit	<i>Anthus spinoletta</i>		✓	✓	✓		✓	✓	
40	Common Chaffinch	<i>Fringilla coelebs</i>		✓	✓	✓	✓	✓	✓	
41	European Serin	<i>Serinus serinus</i>		✓	✓	✓				
42	Common Linnet	<i>Linaria cannabina</i>		✓	✓			✓	✓	
43	Eurasian Bullfinch	<i>Pyrrhula pyrrhula</i>			H	✓				

Mammals (E = evidence of)

1	Red Squirrel	<i>Sciurus vulgaris</i>				✓				
2	Alpine Marmot	<i>Marmota marmota</i>		H				✓	H	
3	Snow Vole	<i>Microtus nivalis</i>		E						
4	Alpine Chamois	<i>Rupicapra rupicapra</i>			✓					

	Common name	Latin name	June/July						
			25	26	27	28	29	30	1

Reptiles

1	Common Lizard	<i>Zootoca vivipara</i>			✓					
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Amphibians

1	Common Frog	<i>Rana temporaria</i>								✓
2	Common Newt	<i>Triturus vulgaris</i>		✓	✓					

Butterflies

1	Swallowtail	<i>Papilio machaon</i>		✓	✓					
2	Clouded Apollo	<i>Parnassius mnemosyne</i>			✓					
3	Black-veined White	<i>Aporia crataegi</i>			✓					
4	Large White	<i>Pieris brassicae</i>				✓				
5	Small White	<i>Pieris rapae</i>						✓		
6	Orange Tip	<i>Anthocharis cardamines</i>		✓	✓					
7	Clouded Yellow	<i>Colias crocea</i>		✓	✓				✓	
8	Little Blue	<i>Cupido minimus</i>		✓						
9	Common Blue	<i>Polyommatus icarus</i>		✓	✓	✓				
10	Red Admiral	<i>Vanessa atalanta</i>							✓	
11	Small Tortoiseshell	<i>Aglais urticae</i>		✓	✓				✓	
12	Pearl-bordered Fritillary	<i>Clossiana euphrosyne</i>			✓	✓				
13	Marbled White	<i>Melanargia galathea</i>				✓			✓	
14	Piedmont Ringlet	<i>Erebia meolans</i>		✓				✓		
15	Meadow Brown	<i>Maniola jurtina</i>			✓					
16	Alpine Heath	<i>Coenonympha gardetta</i>		✓	✓					
17	Dingy Skipper	<i>Erynnis tages</i>			✓					

Moths

1	Chimney Sweeper	<i>Odezia atrata</i>			✓					
2		<i>Psodos quadrifaria</i>		✓	✓					