

PHOTOGRAPHS



1. Mbuti camp in a morning mist ⁽²⁾



2. A joyful camp life ⁽²⁾



3. Preparing for a big game hunt ⁽²⁾



4. Honey collecting in the forest ⁽²⁾



5. Mbuti camp full of useful plants ⁽²⁾



6. Roasted plants smeared for a hunting luck ⁽²⁾

7. Burning leaves for preventing the rain ⁽¹⁾8. An axe for honey collecting ⁽¹⁾9. Dancing girls wearing green plants ⁽¹⁾10. Edible nuts of *Antrocaryon nannanii* (#26) ⁽¹⁾11. Plants for arrow poison, *mutali* (#465) ⁽²⁾12. Collecting bark powder for medicine ⁽¹⁾



13. Fruit of *Anonidium manii* (#31) ⁽²⁾



14. *Uvariopsis congolana* (#41) ⁽¹⁾



15. Fruit of *Dictyophleba ochracea* (#52) ⁽¹⁾



16. *Landolphia jumellei* (#54) ⁽²⁾



17. *L. owariensis* (#55) ⁽²⁾



18. *Rauvolfia vomitoria* (#65) ⁽¹⁾

19. *Canarium schweinfurthii* (#103) ⁽²⁾20. *Palisota ambigua* (#128) ⁽¹⁾21. *Palisota hirsuta* (#129) ⁽¹⁾22. *Crassocephalum bumbense* (#138) ⁽¹⁾23. *Telfairia occidentalis* (#167) ⁽²⁾24. *Dioscorea bulbifera* (#176) ⁽²⁾



25. *Dioscorea smilacifolia* (#182) ⁽²⁾



26. *Tetracarpidium conophorum* (#226) ⁽²⁾



27. *Anaphe* sp. feeding on
Brideria micrantha (#202) ⁽²⁾



28. Hunting nets made of
Manniophyton fulvum (#215) ⁽²⁾



29. Sticks made of
Ricinodendron heudelotii (#222) ⁽¹⁾



30. A musical instrument made of
Oncoba spinosa (#235) ⁽¹⁾

31. *Irvingia robur* (#272) ⁽²⁾32. *I. robur* (left), *I. wombulu* (#273, middle),
I. gabonensis (#271, right) ⁽²⁾33. Pods of
Gilbertiodendron dewevrei (#287) ⁽²⁾34. Grating the beans of *G. dewevrei* ⁽²⁾35. *Cynometra alexandri* (#284) ⁽¹⁾36. *Julbernardia seretii* (#288) ⁽¹⁾



37. *Dichrostachys cinerea platycarpa* (#298) ⁽¹⁾



38. *Ataenidia conferta*
on the forest floor (#338) ⁽¹⁾



39. Bellows made of
Megaphrynium macrostachyum (#350) ⁽¹⁾



40. *Megaphrynium macrostachyum*
(Benth.) K. Schum (#350) ⁽²⁾



41. *M. macrostachyum* leaves for thatching ⁽²⁾ 42. Fruits of *Dioscoreophyllum cumminsii* (#382) ⁽¹⁾



43. Playing with leaves of parasol tree (#421) ⁽²⁾44. *Stephania* sp.,
a plant with magical power (#386) ⁽¹⁾45. Barkcloth made of *Ficus* sp. ⁽²⁾46. *Treculia africana* Decne (#425) ⁽²⁾47. Extracting the seeds of *T. africana* (#425) ⁽²⁾48. Palm-wine from *Raphia* sp. (#458) ⁽¹⁾



49. *Barteria fistulosa* with eggs of ants (#463) ⁽¹⁾



50. *Piper guineense* (#468) ⁽¹⁾



51. A bow of *Aidia micrantha* (#478) ⁽¹⁾



52. *Rothmannia whitfieldii* (#511) ⁽²⁾



53. Face-painting with the *R. whitfieldii* juice (#511) ⁽²⁾



54. Edible fruit of *Chytrathus mortehanii* (#543) ⁽¹⁾

55. Seeds of *Chytrathus mortehanii* (#543) ⁽¹⁾56. *Bequaertiodendron congolense*
for arrow feathers (#552) ⁽¹⁾57. Edible fruit of *Tieghemella africana* (#560) ⁽¹⁾58. *Cola acuminata* (#578) ⁽¹⁾59. An edible herb, *Fleuya ovalifolia* (#611) ⁽¹⁾60. *Aframomum sanguineum* (#643) ⁽²⁾

NOTE: ⁽¹⁾ Photographs taken by H. Terashima.; ⁽²⁾ Photographs taken by M. Ichikawa.