# Phylogenetic Inference and Macroevolutionary Patterns in Ficinia Schrad. (Cyperaceae) 


F. stolonifera nutlet

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A dissertation submitted to the University of Cape Town in partial fulfillment of the requirements for the award of an Honours degree in Botany

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#### Abstract

The genus Ficinia Schrad. has its centre of diversity in the Cape Floristic Region and phylogenetic relationships within this genus have not been fully studied representing a gap in the body of work on the Cyperaceae. Phylogenetic analyses provide strong support for the sister relationship between Isolepis and Ficinia in both parsimony and Bayesian analyses $(\mathrm{BP}=96 ; \mathrm{PP}=1)$. Isolepis marginata consistently resolved as more closely related to the Ficinia clade than to the rest of the species in Isolepis. Ficinia undosa was positioned outside its own genus (as well as the entire FiciniaIsolepis clade) rendering the genus paraphyletic. This species appears to be more closely related to members of the Scirpus falsus-Scoipoides clade. As in previous studies, the New Zealand monotypic genus Desmoschoenus is resolved as a member of Ficinia and is closely allied with Ficinia pallens ( $\mathrm{BP}=43, \mathrm{PP}=0.56$ ). Macroevolutionary reconstruction of characters such as life form and the presence of a gynophore disk revealed interesting patterns within the genus as well. Perennial habit is a synapomorphy for Ficinia and distinguishes it from the generally annual sistergenus Isolepis. Though a young genus when compared with Isolepis, Ficinia has radiated in the CFR quite rapidly following the shift toward Mediterranean climate in this region. While support across the tree is quite low, due perhaps to the slow mutation rate among recent and rapidly radiated perennials, several relationships within in the genus are resolved with moderate nodal support.


## Introduction

Speciation in the Cape Floristic Region (CFR) is a topic that has aroused the interest of many biologists (e.g. Van der Niet \& Johnson 2009, Linder and Hardy 2004). This interest is sparked in no small measure by the sheer number of species present in this relatively small (in comparison with other floral kingdoms especially) stretch of land (Kruger \& Taylor 1979). Goldblatt and Manning $(2000,2002)$ report a species count of around 9000 with a staggeringly high percentage ( $68.7 \%$ ) of species endemic to the region. The angiosperms comprise about 8888 of the estimated 9000 species found in the CFR. This diversity is brought about in part by a range of factors such as the rugged landscape, variable rainfall patterns and a variety of soil types that create a mosaic of distinct habitats in close proximity to each other (Goldblatt and Manning 2002).

The Cyperaceae is a well-established member of the monocots and third largest family. Of the 104 genera that make up this family, 30 are monotypic (e.g. Hellmuthia) while Carex is among the largest genera of angiosperms with about 1700 species (Goetghebeur, 1998 Goldblatt \& Manning, 2000). Members of this family are used in traditional medicines (e.g. Kyllinga triceps Rottb.) as well as other economic endeavours for example paper production and traditional roofing material in Africa is harvested from various sedges such as Cyperus papyrus L. and C. rotundus L. respectively (Simpson \& Inglis, 2001).

Sedges, as the Cyperaceae are more commonly referred to as, are found in a variety of habitats including, but not limited to, granite and limestone outcrops and rock overhangs in the Swartberg and Karoo Mountain regions of the Western Cape. This versatility in habitat and the Cyperaceae's well-documented persistence throughout the African continent are key features noted by Gordon-Gray (1995). Drawing on these features Gordon-Gray (1995) highlights the untapped potential this family represents as a bio-indicator and tracker of climatic change. Several incidences of reclassification and taxonomic revision have occurred in the last century and the classification of the family is as a result quite unstable (Gordon-Gray 1995). That said significant progress has been made in last few years to address this instability and tie together genera into a useful and sound taxonomic account of the family.

Within the Cyperaceae, the genus Ficinia Schrader consists of around 60 species most ( $90 \%$ ) of which grow in the CFR with a few growing in and around Kwa-Zulu Natal, Eastern Cape as well as tropical Africa and Australasia (Muasya et al 2009, Muasya, 2005). Originally described by Schrader, this genus of (mostly) perennial shrubs has a diverse range in habitat and altitude and can be diagnosed by a number of characters. Muasya (2005) summarises these as the presence of a gynophore disk at the base of the nutlet in most species, often exhibiting a papery leaf sheath and ligule as well as bisexual flowers lacking perianth segments.

The gynophore disk is the most prominent character distinguishing Ficinia from other genera in the Ficinia Clade as described by Muasya et al (2009). This 'hypogynous disk' is a fleshy growth at the base of the nutlet (Vrijdaghs et al 2005) with a large variation in size and this has been suggested as a character that may further distinguish species within the genus (AM Muasya pers. comm.). However, the boundaries between Ficinia and it's sister genus Isolepis is somewhat blurred by the presence of the gynophore in Isolepis marginata (Muasya et al 2001); the absence of it in Ficinia species such as $F$. filliformis (this taxon has been previously named $F$. tenufolia until Gordon-Gray (2008) clarified the nomenclature) (Muasya 2005).

While Isolepis, a predominantly annual genus (Muasya and Simpson 2002), has been examined to some extent both morphologically and molecularly in terms of phylogenetics (e.g. Muasya et al 2001) such works on Ficinia are still in progress. The mode of speciation for this African genus is as yet unknown and reviewing literature reveals little to no studies has been done on this matter. This is a considerable gap in the knowledge we have on the sedges and especially so for a genus with its centre of diversity in the Cape Floristic Region

With this study, we aim to contribute to the volume of work on the genus by focusing in on the following questions:

1. What are the phylogenetic relationships within Ficinia?
2. What are the broad-scale patterns of character evolution within Ficinia and how do these characters of interest give insight into the biological history of the genus?

## Materials and Methods

## Molecular Data

A total of 113 specimens ( 82 species with 31 replicates) formed the core material both molecular and morphological - upon which this study was based. Total DNA was extracted from silica-dried plant material using the CTAB isolation method (modified from Gawel and Jaret 1991) for 25 species drawn from the collections of Dr AM Muasya (see Table 1). Sequences for the remaining 88 species are a part of unpublished worked by DR AM Muasya.

One nuclear and two plastids regions were amplified under standard PCR methods. The primers used for the nuclear region were Internal Transcribed Spacer (ITSI, 5.8S and ITS2) (White et al 1991) and the primers for the plastid region were the rps16 intron (Oxelman et al 1997) and trnL-F \{Taberlet et al 1995\}. The PCR reactions were performed in $30 \mu \mathrm{l}$ volumes consisting of $18.6 \mu \mathrm{l}$ sterile distilled water, $3 \mu \mathrm{I}$ of 10 x DNA polymerase buffer, $3 \mu \mathrm{l}$ of $\mathrm{MgCl}_{2}(50 \mathrm{mM}), 1 \mu \mathrm{l}$ each of the forward and reverse primers $(10 \mu \mathrm{M}), 1.2 \mu \mathrm{l}$ of $\mathrm{dNTP}(10 \mathrm{mM}), 0.2 \mu \mathrm{l}$ of Taq DNA polymerase and $2 \mu \mathrm{l}$ of template DNA. The reaction was carried out on an applied Biosystems GeneAmp 2700 thermal cycler (Applied Biosystems, Foster City, CA, USA). The profile of ITS, trnL-F and rps 16 intron had an initial denaturation phase of 2 minutes at $94^{\circ} \mathrm{C}$, followed by 35 cycles of 60 seconds at $94^{\circ} \mathrm{C}, 60$ seconds at $52^{\circ} \mathrm{C}$ and 2 minutes at $72^{\circ} \mathrm{C}$. The final extension phase of 7 minutes was done at $72^{\circ} \mathrm{C}$. The PCR products were run on a $1 \%$ agarose gel stained with Goldview ${ }^{\mathrm{TM}}$ to evaluate the success of the PCR amplification. Successfully amplified PCR products were sent to the DNA sequencing facility at Stellenbosch University, South Africa for sequencing using the respective primers used for amplification. Sequences from this study was appended to an existing matrix

Automatic sequence alignment was done using the ClustalW pairwise alignment in BioEdit with minor adjustments made manually where ClustalW failed to recognize regions of alignment within the matrix.

## Morphological Data

A total of eighteen (18) morphological characters were scored in this study (See table 2) and all characters with the exception of Nutlet Surface Morphology and Major Phytogeographical Centres were scored from specimens in the Bolus Herbarium,
Table 1: Taxa analysed in the combined matrix of this study (Unpub = Sequences as yet unpublished by DR AM Muasya; CMF = sequences produced in this study and dashed (-) symbols indicate missing sequences)

| Taxon | Voucher Number | ITS | rps16 | TrnL-F |
| :--- | :---: | :--- | :--- | :--- |
| Desmoschoenus spiralis Hook.f. | GENT 0699 | Unpub | Unpub | - |
| Ficinia acuminata (Nees) Nees | Muasya 3796 | CMF | CMF | CMF |
| Ficinia aff facuminata | Muasya 3247 | CMF | CMF | - |
| Ficinia albicans | Muasya 2358 | Unpub | Unpub | Unpub |
| Ficinia anceps Nees | Muasya 3817 | CMF | CMF | CMF |
| Ficinia aff anceps | Muasya 2219 | Unpub | Unpub | Unpub |
| Ficinia angustifolia (Schrad.) Levyns | Muasya 2885 | Unpub | Unpub | Unpub |
| Ficnia anysbergensis Muasya | Muasya 3085 | Unpub | Unpub | Unpub |
| Ficinia argyropa Nees | Muasya 2363 | Unpub | Unpub | Unpub |
| Ficinia bergiana Kunth. | Muasya 2233 | Unpub | Unpub | Unpub |
| Ficinia brevifolia Nees ex Kunth. | Muasya 2337 | Unpub | Unpub | Unpub |
| Ficinia bulbosa (L.) Nees | Muasya 2205 | Unpub | Unpub | Unpub |
| Ficinia capillifolia (Schrad.) C.B. Clarke | Muasya 2359 | Unpub | Unpub | Unpub |
| Ficinia capitella (Thunb.) Nees | Muasya 4132 | Unpub | Unpub | Unpub |
| Ficinia cedarbergensis T.H. Arnold \& Gordon-Gray | Muasya 2325 | Unpub | Unpub | Unpub |
| Ficinia compasbergensis Muasya | Muasya 2313 | Unpub | Unpub | Unpub |
| Ficinia deusta (P.J. Bergius) Levyns | Clark 171 | CMF | CMF | - |
| Ficinia dunensis Levyns | Muasya 2215 | Unpub | Unpub | Unpub |
| Ficinia ecklonea (Steud.) Nees | Muasya 3966 | Unpub | Unpub | Unpub |
| Ficinia eliator Levyns | Muasya 3154 | CMF | CMF | CMF |
| Ficinia esterhuyseniae Muasya | Muasya 2345 | Unpub | Unpub | Unpub |


| Taxon | Voucher Number | ITS | rps16 | TrnL-F |
| :---: | :---: | :---: | :---: | :---: |
|  | Muasya 2966 | Unpub | Unpub | Unpub |
| Ficinia fascicularis Nees | Muasya 3825 | CMF | CMF | - |
| Ficinia fastigiata (Thunb.) nees | Muasya 2230 | Unpub | Unpub | Unpub |
|  | Grimshaw 93939 | Unpubl | Unpubl | Unpubl |
|  | Muasya 3755 | CMF | CMF | CMF |
|  | Muasya 3226 | CMF | CMF | CMF |
| Ficinia gracilis Schrad. | Muasya 2355 | Unpubl | Unpubl | Unpubl |
| Ficinia grandiflora T.H. Arnold \& Gordon-Gray | Muasya 2331 | Unpub | Unpub | Unpub |
| Ficinia gydomonata T.H. Arnold | Muasya 2333 | Unpub | Unpub | Unpub |
|  | Muasya 3952 | Unpub | Unpub | Unpub |
|  | Musaya 2909a | Unpub | Unpub | Unpub |
| Ficinia indica (Lam.) Pfeiffer | Muasys 2909b | Unpub | Unpub | Unpub |
| Ficinia aff indica | Muasya 2301 | Unpub | Unpub | Unpub |
| Ficinia ixiodes Nees | Muasya 2207 | Unpub | Unpub | Unpub |
| Ficinia laciniata (Thunb.) Nees | Muasya 2340 | Unpub | Unpub | Unpub |
| Ficinia lateralis (Vahl) Kunth | Muasya 3863 | CMF | CMF | CMF |
| Ficinia levynsiae T.H. Arnold \& Gordon-Gray | Muasya 3956 | Unpub | Unpub | Unpub |
| Ficnia macowanii C.B. Clarke | Muasya 4129 | Unpub | Unpub | Unpub |
| Ficinia micrantha C.B. Clarke | Muasya 2268 | Unpub | Unpub | Unpub |
| Ficinia minutiflora C.B. Clarke | Muasya 2257 | Unpub | Unpub | Unpub |
| Ficinia monticola Kunth | Muasya 2287 | Unpub | Unpub | Unpub |
|  | Muasya 2197 | Unpub | Unpub | Unpub |
| Ficinia nigrescens (Schrad.) J. Raynal | Muasya 2350 | Unpub | Unpub | Unpub |
|  | Muasya 9455 | Unpub | Unpub | Unpub |
| Ficinia nodosa (Rottb.) Goetgh., Muasya \& DA Simpson | Muasya 3299 | CMF | CMF | CMF |
| Ficinia oligantha (Steud.) J. Raynal | Muasya 3094 | Unpub | Unpub | Unpub |
| Ficinia aff oligantha | Muasya 3179 | CMF | CMF | CMF |


| Taxon | Voucher Number | ITS | rps16 | TrnL-F |
| :---: | :---: | :---: | :---: | :---: |
| Ficinia pallens (Schrad.) Nees | Muasya 3955 <br> Muasya 3098 | Unpub <br> Unpub | Unpub <br> Unpub | Unpub <br> Unpub |
| Ficinia paradoxa (Schrad.) Nees Ficina aff paradoxa | Muasya 4164 <br> Muasya 2338 <br> Muasya 2300 | CMF <br> Unpub <br> Unpub | CMF <br> Unpub <br> Unpub | CMF <br> Unpub <br> Unpub |
| Ficinia petrophila T.H. Arnold \& Gordon-Gray | Muasya 2364 | Unpub | Unpub | Unpub |
| Ficinia pinguor C.B. Clarke | Muasya 3100 <br> Muasya 1183 | Unpub Unpub | Unpub <br> Unpub | Unpub <br> Unpub |
| Ficinia polystachya Levyns | Muasya 2320 <br> Muasya 2330 | Unpub <br> Unpub | Unpub <br> Unpub | Unpub <br> Unpub |
| Ficinia praemorsa Nees | Muasya 2348 | Unpub | Unpub | Unpub |
| Ficinia pygmaea Boeck. | Muasya 2296 | Unpub | Unpub | Unpub |
| Ficinia sp nov - limestone | Muasya 3804 | CMF | CMF | CMF |
| Ficinia sp-Clark <br> Ficinia sp | Clark 620 <br> Muasya 347 |  | $\begin{aligned} & \text { CMF } \\ & \text { Unpub } \end{aligned}$ | Unpub |
| Ficinia quanquangularis Boeck. | Muasya 4127 | Unpub | Unpub | Unpub |
| Ficinia radiata (L. f.) Kunth | Muasya 2310 | Unpub | Unpub | Unpub |
| Ficinia ramosissima Kunth | $\begin{gathered} \hline \text { Clark } 350 \\ \text { Muasya } 2268 \end{gathered}$ | $\begin{aligned} & \text { CMF } \\ & \text { Unpub } \end{aligned}$ | CMF <br> Unpub | Unpub |
| Ficinia repens Kunth | Muasya 2347 | Unpub | Unpub | Unpub |
| Ficinia rigida Levyns | Muasya 2319 | Unpub | Unpub | Unpub |
| Ficinia secunda (Vahl0 Kunth | Muasya 2211 <br> Muasya 3968 | Unpub <br> Unpub | Unpub <br> Unpub | Unpub Unpub |
| Ficinia stolonifera Boeck. | Muasya 3771 <br> Muasya 2715 | CMF <br> Unpub | $\begin{aligned} & \text { CMF } \\ & \text { Unpub } \end{aligned}$ | CMF <br> Unpub |
| Ficnia filliformis (Lam.) Schrad. | Muasya 3948 | Unpub | Unpub | Unpub |


| Taxon | Voucher Number | ITS | rps16 | TrnL-F |
| :---: | :---: | :---: | :---: | :---: |
| Ficinia trichodes (Schrad.) Benth. \& Hook. f. | Muasya 2328 | Unpub | Unpub | Unpub |
| Ficinia trispicata (L. f.) Druce | Muasya 2252 | Unpub | Unpub | Unpub |
|  | Muasya 4141 | Unpub | Unpub | Unpub |
| Ficinia tristachya (Rottb.) Nees | Muasya 3797 | CMF | CMF | CMF |
| Ficinia truncata (Thunb.) Schrad. | Muasya 2361 | Unpub | Unpub | Unpub |
| Ficinia undosa B.L Burtt | Muasya 3701 | CMF | CMF | CMF |
| Ficinia zeyheri Boeck. | Muasya 4139 | Unpub | Unpub | Unpub |
| Hellmuthia membranacea (Thunb.) R.W. Haines \& Lye | Muasya 3081 | Unpub | Unpub | Unpub |
|  | Muasya 1007 | Unpub | Unpub | Unpub |
|  | Muasya 3135 | Unpub | Unpub | Unpub |
| Isolepis fluitans (L.) R. Br. | Muasya 961 | Unpub | Unpub | Unpub |
| Isolepis bicolor Carmich. | Muasya 105 | Unpub | Unpub | Unpub |
| Isolepis meruensis Lye | Muasya 1061 | Unpub | Unpub | Unpub |
| Isolepis wakefieldiana (S.T. Blake) K.L. Wilson | Muasya 1108 | Unpub | Unpub | Unpub |
| Isolepis costata A. Rich. | Muasya 1109 | Unpub | Unpub | Unpub |
| Isolepis ludwigii (Steud.) Kunth | Muasya 1138 | Unpub | Unpub | Unpub |
| Isolepis diabolica (Steud.) Schrad. | Muasya 17804 | Unpub | Unpub | Unpub |
| Isolepis striata (Nees) Kunth | Muasya 2316 | Unpub | Unpub | Unpub |
| Isolepis digitata Nees ex Schrad. | Muasya 2258 | Unpub | Unpub | Unpub |
|  | Muasya 1154 | Unpub | Unpub | Unpub |
| Isolepis rubicunda (Nees) Kunth | Muasya 1221 | Unpub | Unpub | Unpub |
|  | Muasya 17452 | Unpub | Unpub | Unpub |
|  | Muasya 2973 | Unpub | Unpub | Unpub |
| Isolepis marginata (Thunb.) A. Dietr. | Muasya 2999 | Unpub | Unpub | Unpub |
| Isolepis inyangensis Muasya \& Goetgh. | Muasya 2025 | Unpub | Unpub | Unpub |
| Isolepis hystrix (Thunb.) Nees | Muasya 2971 | Unpub | Unpub | Unpub |


| Taxon | Voucher Number | ITS | rps16 | TrnL-F |
| :--- | :---: | :--- | :--- | :--- |
| Isolepis montivaga (S.T. Blake) K.L. Wilson | Muasya 9489 | Unpub | Unpub | Unpub |
| Isolepis capensis Muasya | Muasya 3019 | Unpub | Unpub | Unpub |
| Scirpus falsus C. B. Clarke | Muasya 3078 | Unpub | Unpub | Unpub |
| Scirpus ficinoides Kunth | Muasya 3740 | CMF | CMF | CMF |
| Scirpoides dioecus (Kunth) J. Browning | Muasya 8841.14 | CMF | CMF | - |
| Scirpoides holoschoenus (L.) Sojàk | Muasya 2294 | Unpub | Unpub | Unpub |
| Scirpoides burkei (C.B. Clarke) Goetgh., Musaya \& D.A. Simpson | Muasya 1205- | Unpub | Unpub | Unpub |
| Schoenoplectus leucanthus (Boeck.) J. Raynal | Muasya 2882 | CMF | CMF | CMF |

UCT. Nutlet Surface Morphology was scored from Scanning Electron Microscope (SEM) photographs provided by DR AM Muasya (See Figure 4) and Major Phytogeographical Centres scored from Goldblatt \& Manning's Cape Plants: A Conspectus of the Cape Flora of South Africa (2000). Where information for the genus Isolepis could not be scored from herbarium specimens, characters were scored from the monograph of Isolepis (Muasya and Simpson, 2001).

## Data Analysis

The complete matrix consisted of 2809 characters: 2791 molecular characters formed from rpsi6 intron (905), ITS (766) and trnL-F (1120) as well as morphological characters (18), Gaps were coded as missing in the DNA matrix as well as where no specimens were available for morphological character scoring. Dual analyses on a matrix of only molecular characters and a combined morphological-molecular matrix for the 113 taxa in this study was carried out to infer the relationship within Ficinia and selected members of it's sister genus Isolepis. The phylogenetic analysis of relationships between these taxa were performed in PAUP* version 4.0 bl 10 (Swofford, 2002) using the parsimony algorithm and also in MrBayes Version 3.12 (Huelsenbeck \& Ronquist, 2003). Parsimony analysis was done under the Fitch criterion of unordered, equal weights (Fitch 1971). Heuristic tree searches were performed with 1000 random replicates and tree bisection-reconnection (TBR) swapping holding only ten (10) trees at each replicate to reduce time spent searching on below-optimum trees (Muasya and Simpson 2001). All trees generated were swapped to completion. Nodal support was evaluated through bootstrap analysis of 1000 replicates (Felsenstein, 1985) with characters sampled using equal weighting (Fitch, 1971). Trees were constructed on the basis of simple taxon addition and TBR branch swapping; groups with frequencies greater than $50 \%$ in the final bootstrap consensus tree were retained. Following Muasya et al (2001) the following descriptions for categories of bootstrap support will be used: weak, $50-74 \%$; moderate, $75-84 \%$; strong, $85-100 \%$.

Bayesian inference of phylogeny with posterior probabilities (PP) as measures of support was done using Mr Bayes. Only the combined molecular data matrix with was analysed under the GTR $+1+\Gamma$ model of molecular evolution for each data set and default MrBayes priors. This model was chosen because the impact of
overparameterization on the accuracy of the model search in the tree space is lower than that of underparameterization (Huelsenbeck \& Rannala 2004). A Markov Chain Monte Carlo (MCMC) algorithm was employed in the analyses. Two simultaneous runs were done starting from random trees with four chains (three heated and one cold chain) set and the temperature was raised from the default 0.2 to 0.3 to emulate a previous Bayesian inference done on the tribe Cypereae (Dludlu, 2007). The initial analysis ran for 2.5 million generations and the sampling frequency was set at 100 ie. Markov chains were sampled every $100^{\text {th }}$ generation. Analyses were run until the average standard deviation of the split frequencies approached 0.10 , which is indicative of convergence onto a stationary distribution. However, the initial and subsequent analyses failed to converge despite increasing the number of generations to 5 million and the sampling frequency to 1000 . The point of stationarity generally provides a guideline for the number of trees to be discarded from the initial search of the model, termed the 'burn-in period'. Because the runs failed to converge a larger burn-in period was advised (Dr. Y Bouchenak-Khelladi prs. comm.). Calculation of posterior probability (PP) was done after discarding trees sampled during this burn-in period.

Macro-evolutionary patterns were analysed by tracing the morphological character evolution using a parsimony reconstruction method in Mesquite version 2.71 (Maddison\& Maddison 2009) based on the parsimony tree.





| $\pm$ | － | N | N | N | $\bigcirc$ | $\bigcirc$ | － | － |  |  | $\square$ | － | $\square$ | $\square$ | O | N |  | O | $\square$ | $\bigcirc$ | $\square$ | 0 | O |  | － | $\square$ | $\square$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\theta$ | $\bigcirc$ | 1 | m | m | $\bigcirc$ | 0 | m | $\bigcirc$ |  |  | $\bigcirc$ | $\bigcirc$ | O | 0 | N | 1 |  | m | 0 | m | － | N | $\bigcirc$ | 1 | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | m |
| A | $\pm$ | $n$ | － | N | － | $\bigcirc$ | $n$ | N |  |  | $\bigcirc$ | － | $\square$ | ＋ | － | $\cdots$ |  | $\cdots$ | \％ | 1 | － | － | N | ， | n | $\cdots$ | $\bigcirc$ |  |
| $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | － | $\bigcirc$ | 0 | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |  | $\bigcirc$ | $\bigcirc$ | － | $\bigcirc$ | O | $\bigcirc$ |  | $\bigcirc$ | $\bigcirc$ | － | $\bigcirc$ | 0 | 0 | ， | 0 | $\bigcirc$ | 0 | $\bigcirc$ |
| Z | － | 0 | ， | $\bigcirc$ | － | 0 | 0 | $\bigcirc$ |  |  | $\bigcirc$ | 0 | － | 0 | 0 | 0 |  | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | 0 | $\bigcirc$ | ， | 0 | 0 | $\bigcirc$ | $\bigcirc$ |
| $\sum$ | － | N | － | $\bigcirc$ | － | － | － | － |  |  | － | N | － | － | － | N | ， | － | $\square$ | $\square$ | N | － | － | ， | － | 0 | － | N |
| 1 | $\bigcirc$ | － | $\bigcirc$ | － | O | 0 | $\square$ | $\bigcirc$ |  |  | $\bigcirc$ | － | － | $\bigcirc$ | 0 | $\bigcirc$ |  | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | 0 | O | ， | $\bigcirc$ | 0 | 0 | $\bigcirc$ |
| $\pm$ | $n$ | $\bigcirc$ | $\bigcirc$ | m | ， | 1 | 1 | m |  |  | $\square$ | $\checkmark$ | － | n | N | $\bigcirc$ | m |  | $n$ | 1 | － | N | － | 1 | 1 | N | － |  |
| $\bigcirc$ | － | － | 0 | $\bigcirc$ | $\bigcirc$ | O | － | － |  |  | $\bigcirc$ | － | $\bigcirc$ | $\square$ | － | $\square$ |  | $\bigcirc$ | $\square$ | $\bigcirc$ | － | － | － | 1 | $\bigcirc$ | － | $\bigcirc$ | 0 |
| － | $\bigcirc$ | $\bigcirc$ | － | $\square$ | － | － | $\bigcirc$ | $\bigcirc$ |  |  | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | 0 | 0 | $\bigcirc$ |  | $\square$ | 0 | － | $\bigcirc$ | 0 | 0 |  | $\bigcirc$ | 0 | $\bigcirc$ | － |
| E | $\square$ | － | $\square$ | $\square$ | $\square$ | － | $\square$ | － |  |  | $\square$ | 0 | － | － | 0 | $\square$ | － | $\square$ | － | － | $\square$ | 0 | － | ， | － | $\square$ | － | $\square$ |
| $\checkmark$ | N | N | － | 0 | N | N | $\sim$ | － |  |  | $\square$ | － | － | N | － | N |  | $\square$ | N | N | － | － | $\square$ | ． | N | N | － | － |
| 以 | － | $\square$ | － | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | － | $\bigcirc$ |  |  | $\square$ | $\bigcirc$ | $\square$ | $\cdots$ | － | $\square$ |  | $\square$ | $\square$ | $\bigcirc$ | $\square$ | － | $\bigcirc$ | ， | － | $\square$ | － | $\square$ |
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|  |  | $\left\lvert\, \begin{gathered} 7 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \end{gathered}\right.$ |  |  | Scirpoides dioecous | S_holoschoenus |  |  |  |  |  |  | F_sp_aff_oligantha | 0 $\vdots$ $\vdots$ 0 0 0 |  |  | $\begin{aligned} & \text { F } \\ & 0 \\ & \text { O } \\ & \text { B } \\ & \hline \end{aligned}$ |  |  | 峦 |  |  |  | $\left\|\begin{array}{c} 0 \\ 0 \\ 0 \\ 0 \\ 0 \end{array}\right\|$ |  |  |  |  |

Table 3: Morphological Characters and symbol information used in Table 2

| Morphological Character | Character state and Scoring |
| :--- | :--- |
| A: Life Form | Annual (0); Perennial (1) |
| B: Plant Size | $<30 \mathrm{~cm}(0) ;>30 \mathrm{~cm}(1)$ |
| C: Internodes on Culm | One (0); Multiple (1) |
| D: Leaf Sheath Appearance | Papery (0); Not papery (1) |
| E: Leaf Blade Size | <5mm (0); >5mm (1) |
| F: Position of Inflorescence | Terminal (0); Pseudolateral (1) |
| G: Number of |  |
| Spikelets/Inflorescence | 1 (0); 2-10 (1); >10 (2)Distichous (0); Spiral (1) |
| H: Glume Arrangement | Present (0); Absent (1) |
| I: Gynophore Disk | 3 (0); 2 (1) |
| J: Stigma Branching | Smooth (0); Raised \& Star-like (1); Dented (2); |
| K: Nutlet Surface Morphology | Raised \& Papillae (3); Raised \& Round (4); All |
| (NSM) | States (5) |
|  | Capitate (0); Spicate (2) |
| L: Inflorescence Type | Minute (0); short (<5mm) rhizome (1); stolon (2) |
| M: Root Structure | Sandy/Shale (0); Granite/Limestone (1); Atlantic |
| N: Substrate | Islands (2); Witteberg Quartzite (3); Other (4) |
|  | Open (0); Closed (1) |
| O: Habitat | Not Applicable (0); All Centres (1); NW Dominant |
| P: Phytogeographical Centres | (2); KM Dominant (3); LB Dominant (4); SW |
|  | Dominant (5); NW, SW, AP (6); KM, LB, SE (7); |
|  | AP dominant (8) |
| <300m (0); 300m-900m (1); 900m-1500m (2); |  |
| Q: Altitude | $>1500 \mathrm{~m}$ (3) |
| R: Biomes | Summer Rainfall (0); Winter Rainfall (1); Austalasia |

## Results:

## Phylogenetic Analyses

The parsimony analyses performed on the combined matrix had 1973 constant characters, 332 characters are variable but parsimony uninformative, and 504 parsimony informative characters. From the heuristic search, 68 equally parsimonious trees of length 2727 were found, each with a consistency index (CI) of 0.475 and the retention index (RI) of 0.620 . One of the trees from this analysis is presented in Figure 1 with branch lengths and bootstrap proportions indicated above and below the branches, respectively. Because the Bayesian analyses failed to converge a larger burn-in was discarded ( 4000 out 5000 trees) and the posterior probabilities were calculated from the remaining 1000 trees. The $50 \%$ majority consensus tree obtained is presented in Figure 2, showing the posterior probabilities above the branches. In the parsimony analysis Hellmuthia membranacea, Schoenoplectus leucanthus, Scirpus falsus, Scirpus ficinoides, Scirpoides holoschoenus, Scirpoides dioecous and Scirpoides burkei formed the group used to root the tree. For the Bayesian analysis a single taxon, Hellmuthia membranacea, was used to root the group. Figure's 2 and 3 show a broadly similar topology with the Bayesian tree depicting for more polytomies than the Parsimony analysis. For the description of main features I will refer to Figure 1 - the parsimony tree.

The results of the combined matrix, as shown in Figure 1, show all the taxa belonging to Ficinia (with the exception of $F$. undosa) forming moderately supported clade (BP $=72$ ). The nodal support for the sister relationship between the Ficinia-Isolepis marginata clade and the remaining Isolepis species (in this study referred to as Isolepis proper) is strongly supported ( $\mathrm{BP}=96, \mathrm{PP}=1$ ) resolving the same relationships as previous studies such as Muasya and Simpson (2002). This node forms the point of shared ancestry between Isolepis and Ficinia. Surprisingly F. undosa is resolved as more closely related to two of the Scirpoides species that forms the rooting group in this phylogeny along with three species of the genus Scirpus.

Resolution is evident within Ficinia but poorly supported at the nodes of the major clades with multiple instances of bootstrap proportions below $50 \%$ (not indicated on Figure 1). However, towards the tips of the tree the BP values increase slightly with certain nodes reaching levels of weak to moderate support $(\mathrm{BP}=51(\mathrm{PP}=1)$ for the


Figure 2: The 50\% majority rule consensus Bayesian phylogenetic tree reconstructing relationships within the genus Ficinia and select members of it's sistergenus Isolepis. Numbers above branches depict the posterior probabilities (PP) for that clade. The arrow indicates the position of $F$. undosa outside of the clade bearing its genus and the genus most closely related to it.


Figure 1: Parsimony reconstruction based on the combined data matrix for Ficinia and the closest genera within Cyperaceae. Numbers above the branches are branch lengths and numbers below are bootstrap proportions (BP) and ${ }^{*}=100 \mathrm{BP}$. Sister relationships with high BP are indicated next to the relevant species' name.
relationship between $F$. sp Clarke and Ficinia $s p$ and the rest of the genus). Several relationships have moderate support; for example the clade consisting of $F$. eliator and $F$. indica has a BP of 69 and the relationship between $F$. rigida, $F$. dunensis and F. filliformis also generates support a reasonable level of support in comparison with other parts of the tree $(B P=69)$. The Isolepis 'proper' (i.e. excluding the $I$. marginata-I. capensis grouping sister to the Ficinia clade) clade has slightly higher bootstrap support $(\mathrm{BP}=68)$ subtending that node with the internal nodes varying from well supported $(B P=98)$ or weakly supported $(B P=60)$.

Of the selected sedges that make up the outgroup in this study, Hellmuthia membranacea is more closely related to the Ficinia-Isolepis, a relationship that had previously been found in other studies as well.

## Morphological Character Reconstruction

Table 2 shows the morphological characters how they varied across the taxa. Ancestral reconstructions for these characters are depicted in Figure 3 a - r. In Figure 3a we see that the perennial life form exhibited by all members of Ficinia is the ancestral state with annual life form arising independently and only in the Isolepis. Plant size reconstruction (Figure 3b) shows that the ancestral state was one of a smaller ( $<30 \mathrm{~cm}$ ) size but with several instances of reversals between states occurring across the tree. Having multiple internodes appears to be a derived trait, which has evolved independently at least three times in Ficinia and once in the Isolepis fluitans clade (Figure 3c). Certain members of Ficinia, in particular the clade in which F. stolonifera and F. pingiuor are present, exhibit a papery leaf sheath (Figure 3d).

A single instance of smaller leaf blade size has evolved in F. minutiflora (Figure 3e) with all other species both in the Ficinia-Isolepis clade and the sedges that form the outgroup retaining an ancestral trait of larger leaf blade size ( $>5 \mathrm{~mm}$ ). While psuedolateral inflorescence position appears to be the ancestral state a significant number of Ficinia - many of whom form a distinct clade - have developed terminal inflorescence positions (Figure 3f).

The retention of larger numbers spikelets per inflorescence from the ancestral state is apparent across the tree with some species even exhibiting the evolution of more than 10 spikelets per inflorescence (Figure 3 g ). Spiral glume arrangement is the ancestral

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Figure 3c: Parsimony reconstruction of the number of internodes on the culm of the species. White indicates a single internode on the culm while black indicates multiple internodes. The arrows indicate the taxa in which multiple internodes have arisen.

Figure 3d: Parsimony reconstruction of the Leaf Sheath appearance. White indicates a papery leaf sheath and black indicates a leaf sheath that is not papery.


Figure 3e: Parsimony reconstruction of the Leaf Blade size. White indicates a leaf blade smaller than 5 mm and black indicates a leaf blade
larger than 5 mm . The arrow indicates the single taxon in which smaller leaf blade size has evolved.

Figure 3f: Parsimony reconstruction of the position of the inflorescence on the culm. White indicates a terminal position while black represents a pseudolateral position. The arrow indicates the likely state of the ancestor of Ficinia.

Figure 3g: Parsimony reconstruction of the number of spikelets per inflorescence. White indicates a single spikelet, blue indicates a range of 210 spikelets and green indicates an inflorescence bearing more than 10 spikelets.


Figure 3h: Parsimony reconstruction of glume arrangement. White indicates a distichous arrangement and black indicates a spiral arrangement.


Figure 3k: Parsimony reconstruction of the Nutlet Surface Morphology. White indicates a smooth surface blue represents raised and star-like structures on the surface; turquoise represents a surface littered with indents; green represents raised and papillae structures and yellow indicates a surface that is raised and round (See Figure 4, Appendix B).



Figure 3n: Parsimony reconstruction of the substrate upon which species generally grow. White depicts the sandy/shale substrate of the SouthWestern Cape; blue depicts the granite and limestone outcrops; yellow depicts the Witteberg quartzite; green the volcanic Atlantic Islands and black depicts substrate of unknown origin.

Figure 30: Parsimony reconstruction of Habitat for Ficinia and closely related genera in the family Cyperaceae. Habitat is described as either open (for e.g. fynbos veld) depicted as white circles or close (e.g. forested areas) depicted as black circles.

Figure 3p: Parsimony reconstruction of the major Phytogeographical Centres in the CFR. Centres are depicted as dominant or shared depending on the distribution of the species within the CFR. White circles in the tree represent the species that are absent from the CFR.


Figure 3r: Parsimony reconstruction for the character of Biomes inhabited. The arrow indicates the ancestral trait within Ficinia having the ability to inhabit both summer and winter rainfall regions but a greater propensity for winter rainfall regions.

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Figure 4: SEM photographs of the range in Nutlet Surface Morphology possible in Ficinia (Images Courtesy of Dr AM Muasya)
state and is retained among the majority of species studied (Figure 3h); the distichous state is derived in only a handful of species (e.g. F. angustifolia, F. capillifolia). The reconstruction of the gynophore disk in this study (Figure 3i) shows a single incidence of gynophore absence in $F$. filliformis. The ancestral state for stigma branching is one of 3 stigmas with the $F$. pingiuor- $F$. lateralis and $F$. pallens- $F$. repens clades, for example, displaying a shift toward two stigmas (Figure 3j). Seed surface ornamentation reconstruction in Figure 3 k has a number of features that bears closer inspection. The first is that the raised state for surface morphology one exhibited by the ancestor of the Ficinia, but the exact shape is not known. Furthermore, the species F. gracilis holds within in a large variation in nutlet surface morphology highlighting the existence of a known species complex. The spicate inflorescence type is evidently a derived character for the Ficinia and the sister genus Isolepis where the ancestral inflorescence is capitate (Figure 31). While, in root structure reconstruction we see that having a short rhizome is not only an ancestral trait, but this state is for the most part common with only a handful (e.g. F. dunensis, F. stolonifera and F. levynsiae) of stoloniferous root structures evolving in Ficinia (Figure 3m). Shifts to alternate, nonsandstone derived substrates occurred only twice with in the Ficinia with two independent movements onto limestone (Figure 3n) by F. praemorsa and F. truncata. Similarly, inhabiting closed, forested habitats is a derived trait (in F. trispicata) with the majority of the species within the Ficinia-Isolepis clade inhabiting open areas such as fynbos veldt and rock overhangs (Figure 30). The reconstruction of phylogeographic centre for the genus is largely biased by the presence of a few taxa in all centres (e.g. F. oligantha, F. esterhuyseniae, F. stolonifera and F. deusta). The extant taxa that show a marked preference for SW dominant or allied Phytogeographical centres (Figure 3p). There are, however, a number of taxa that are found exclusively in the eastern half of the CFR in the Karoo Mountains and Langeberg area. Within Ficinia in particular the ancestor seems to be a lowland plant occurring below 300 m and directional movement in altitude is evident in the extant taxa (Figure 3q). The majority of Ficinia are winter rainfall region inhabitants (Figure 3 r ) with some $F$. gracilis having been collected in Kwa-Zulu Natal - a summer rainfall biome. F. nodosa occurs in the CFR, but it is also found in Australasia.

## Discussion

## Phylogenetic Relationships

Muasya et al (2009) inferred phylogenetic relationships within Cyperaceae based upon four (4) plastid DNA regions (rbcL gene, rps 16 intron, $\operatorname{trnL}$ intron and trnL-F intergenic spacer) using a parsimony analysis. Two distinct clades were identified Ficinia and Cyperus - however; the relationships within the genus Ficinia within the Ficinia clade were poorly resolved. This study infers the relationships within the genus Ficinia by including morphological characters as well as nuclear DNA to two of the previous analysed plastid regions (rps16 intron and trnL-F intergenic spacer).

Five (5) distinct clades formed within the Ficinia in the phylogeny represented in Figure 1. The relationships formed within these clades are broadly similar to those produced by Muasya (unpublished results).A number of placements in the phylogeny produced in this study bear closer inspection. The strong sister relationship resolved between Isolepis and Ficinia is expected with a number of earlier studies resolving this relationship as well (e.g. Muasya et al 2009, Dludlu 2007, Muasya et al 2005). Isolepis marginata, an annual was resolved as more closely related to the Ficinia based on both purely molecular (not included in this study) and combined phylogenies. This generic overlap has been resolved in two other studies (Muasya \& Simpson 2002 and Muasya et al 2009) as well. The presence of a gynophore disk at the base of its nutlet in addition to its phylogenetic position sister to Ficinia are strong pieces of evidence to suggest a reclassification of this species into Ficinia despite its annual life form. Isolepis capensis is also resolved along with Isolepis marginata as closer to the Ficinia than to Isolepis. This relationship needs further investigation, as I. capensis does not bear a nutlet.

In this study, Ficinia is not monophyletic but rather paraphyletic as $F$. undosa is resolved as more closely related to the representatives of the genus Scirpoides than its own genus or even that of Isolepis (Figure 1 and 2). Several factors may play a role in this unusual placement. Ficinia undosa exhibits a large number of insertion-deletion events evident in the sequences of this species do make it significantly different from the other members of its genus. While the support for the relationship is low, it raises questions whether $F$. undosa is really a Ficinia as it lacks a gynophore and shares gross morphology with Scirpus falsus/S. ficiniodes. On the other hand, it lacks
perianth bristles, which characterise $S$. falsus and S. ficinioides. Generic position of this taxon therefore requires to be verified by further study.

## Character Evolution and homology

An earlier study by Muasya et al (2009) reconstructed broad character homology within the family with two distinct clades identified by plastid DNA regions - the Cyperus and Ficinia clades. The character descriptions were broad especially in regard to Ficinia as a genus which was poorly represented in that study. The current study found the traits in the Ficinia clade as identified by Muasya et al (2009) were in large representative of the genus itself.

## Life Form and Root Structure

The Ficinia exhibit a plesiomorphic perennial life form which helps to distinguish them from their sister genus Isolepis who are annuals (Figure 3a). From the Ficinia Clade as identified by Muasya et al (2009) Isolepis are the only annuals in the clade and so annuality is a derived character useful in distinguishing Isolepis from the rest of the genera in the family in the CFR. Annual life form is uncommon in the CFR, contributing $10 \%$ of vascular plants (Goldblatt \& Manning, 2000), and appears to have arisen multiple times in Isolepis. Annuals have minute roots as is seen in the Isolepis in this study whilst most of the perennial Ficinia have rhizomes and some with stolons (Figure 3m). Annuals persist for short periods and this makes investment in robust root structures less important in comparison with producing offspring - in this instance seeds. Perennials, on the other hand, persist through periods in which both water and nutrients are particularly limiting (e.g. fireless summers in the CFR) and so investment in structures capable, in particular, of extracting nutrients from the soil is important.

## Plant Size

Ficinia have for the most part retained the small plant size exhibited by the putative ancestor as is reconstructed in Figure 3b. In the instances where a larger plant size has evolved - in particular in the clade consisting of $F$. compasbergeneis and $F$. truncata - a reversal from this apomorphic larger size to the plesiomorphic smaller size of less than 30 cm has occurred. In the context of Cyperaceae, wide variation of plant sizes
are observed, ranging from under 1 cm to 5 m in Cyperus papyrus (Goetghebeur, 1998).

## Internodes on the Culm and Leaf Blade Size

The propensity for more than one internode on the culm is synapomorphic trait shared by a subset of the Isolepis proper clade consisting of Isolepis fluitans and I. rubicunda, but within the genus Ficinia this trait is autapomorphic occurring 4 times in one clade and only 2 of the species ( $F$. trichodes and $F$. ramosissima) are closelyrelated one another (Figure 3c). In addition to having multiple internodes, $F$. angustifolia also is the only species to exhibit a leaf blade size smaller than 5 mm . The ancestral trait is retained of larger leaf blades is retained all the Ficinia as well as in the Isolepis and other sedge genera studied (Figure 3e). Neither of these features makes a particular good diagnostic feature of the genus and at best we are able to say that ancestor of Ficinia was similar to that of its contemporaries in other genera exhibiting one internode and leaf blades greater than 5 mm .

## Leaf Sheath appearance

This character is has been suggested to be useful to distinguish Ficinia from other genera (ref). The reconstruction here shows that the papery nature of the leaf sheath is not evident in all the species (Figure 3D). It is an autapomorphic trait unique to $F$. cedarbergensis, F. aff paradoxa, F. paradoxa, F. ixiodes, F. deusta, F. stolonifera and F. filliformis. The presence of a papery leaf sheath is therefore a fairly good diagnostic character for the genus. The ancestral state is a leaf sheath that is not papery in appearance. Within the CFR, papery sheaths are also observed in Tetraria and it is most like arisen by convergent evolution within particular habitats.

## Position of Inflorescence

Figure 3 f shows pseudolateral inflorescence position to be the ancestral trait for the genus. For the clade of F.pallens to F. ramosissima, the evolution of terminal inflorescences is synapomorphic as indicated. In general, more taxa in the genus display the derived terminal state than the pseudolateral state. However, reversals to the ancestral state have occured in several taxa such as $F$. cedarbergensis, $F$. quanquangularis and $F$. secunda. Terminal inflorescence position has arisen independently in Isolepis as well, but most of the species in this genus have retained
the pseudolateral position (Muasya \& Simpson 2002). Overall the ancestral state for the Ficinia clade as identified by Muasya et al (2009) in Cyperaceae is one of pseudolateral inflorescence position.

## Stigma Branching

Retention of the ancestral trait of 2-branched stigmas occurs in the Ficinia with the evolution of 3-branched stigmas arising independently several times within the genus (Figure 3j). The distinction between 2 and 3-branched stigmas was not always clear cut in the specimens (e.g. F. capitella) and this overlap has been recorded by previous studies in other genera in the Cyperaceae (for e.g. Muasya and Simpson 2002). An example of this is Isolepis cernua that has both 2- and 3-branched stigma (Muasya \& Simpson, 2002).

## Number of Spikelets per Inflorescence

The ancestral state is to have a large number of spikelets per inflorescence (ranging from 2 to 10) and this is retained in almost all the species of Ficinia. Some species however have increase the number of spikelets to more than 10 per inflorescence and in a select number of cases the opposite has happened species such as $F$. micrantha only a single spikelet makes up the inflorescence. This vast reduction however is an autapomorphic trait unlike the increased number of spikelets, which appears synapomorphic in origin. As a diagnostic feature the number of spikelets is not particularly distinctive as a number of Isolepis share this ancestral trait (Figure 3g).

## Inflorescence type

A capitate inflorescence is the ancestral state in the Ficinia and indeed in the Ficinia clade of the tribe Cypereae as identified by Muasya et al (2009). Multiple instances (most autapomorphic) of evolution to the spicate state have occurred throughout Ficinia in particular. Within the group consisting of F. polystachya and F. angustifolia this trait appears synapomorphic having evolved in the ancestor and continuing to be retained in successive cladogenetic events. In addition, a single incident of reversal from the derived state to the ancestral state has occurred in Ficinia with a similar reversal within the Isolepis (Figure 31).

## Glume Arrangement

Previous studies have attributed a spiral glume arrangement to Ficinia (for e.g. Muasya et al 2009) and to a large extent that relationship is reconstructed here as well. Only a handful of taxa within Ficinia exhibit distichous glume arrange which appears to an autapomorphic character in both Ficinia and Isolepis. The ancestral state is one of spirally arranged glumes and retention of this character is spread across the sedges (Figure 3 h ). Distichous glume arrangement has been used to diagnose Cyperus sensu lato and having spirally arranged glumes is a plesiomorphic state for the family as a whole (Musaya et al 2009).

## Gynophore Disk

This is the key morphological character that distinguishes Ficinia from the other perennial genera in the family as many of the other share a gross morphology similar to this genus, especially Scirpoides. The gynophore is an often three-lobed structure developed from the hypogynous stalk that cups the base of the seed. Both size and shape of the gynophore varies (see Figure 4) and this variation has been suggested as a character for identifying different species. The gynophore is present in all recognized Ficinia species present in this study (Figure 3i) with the exception of $F$. filliformis, where it has most likely been lost secondarily. This reconstruction shows that the ancestral state for all the sedges in this genus is the absence of a gynophore making the evolution of this character a distinct feature of the genus. The great conundrum of the gynophore present in Isolepis marginata may well be resolved by absorbing the species into Ficinia on the basis of its sequence homology with that of the members of the Ficinia. The presence of a gynophore in Desmoschoenus was used to hypothesize close affinity to Ficinia (Browning \& Gordon Gray, 1996), a position confirmed by the present phylogenetic studies.

The function of the gynophore is as yet unknown and Gordon-Gray (2008) raises a number of possibilities for this structures purpose. One suggestion is that the gynophore serves as an initial food reservoir for the germling. The fynbos is a firedriven ecosystem (Goldblatt and Manning 2002) and the gynophore in Ficinia may indeed provide the seedling with a food source in the initial stages growth before root development.

## Nutlet Surface Morphology

Wide variation is observed in nutlet surface ornamentation. Majority of the Ficinia species have raised and star-like projections on the surface, but this character has arisen independently in several clades (Figure 3 K ). This reconstruction reveals no distinct pattern of evolution in seed surface ornamentation. An ancestral form capable of producing a variety of surface morphologies gives rise to a more specialized state in the extant taxa. The $F$. gracilis species complex possesses several ornamentation types, and it is hypothesized populations in Kwa-Zulu Natal are more closely related to those in tropical Africa than populations the Western Cape (Gordon Gray 2008), a feature supported by surface ornamentation data (Figure 3 k ). It should be noted however that within Ficinia itself having a raised and star-like nutlet surface morphology is more common in the extant taxa than any other form.

## Substrate and Habitat

Existence in sandy, nutrient-poor open habitats defines the majority of the species in this genus. These traits are symplesiomorphic with derivations happening very rarely and almost always being a case of singular autapomorphic character evolution (Figure 3 n and o ). The movement of $F$. praemorsa and $F$. truncata onto limestone substrates independently are the only derivations in substrate within Ficinia. A shift in substrate may well have lead to the evolution of these two taxa into the distinct species present today via parapatric speciation. This hypothesis is supported by Goldblatt \& Manning (2002) who identified movements onto clay, granite and limestone soils as triggers for local speciation events in various genera.

## Phytogeographical Centres

The strong tendency toward the SW centre is apparent for the ancestor of Ficinia in the morphological reconstruction (Figure 3p). This tendency to a SW centre is retained in the extant taxa with a few instances of species in the western half of the CFR (defined as the NW, SW and AP centres) that contains the SW centre as well. The other 5 Phytogeographical Centres have only 1 or 2 species defined as restricted to these areas as opposed to more than 20 species with SW centre restricted distributions. The core diversity of the Ficinia in this study stems from the SW centre with several species able to inhabit all regions, but very few being restricted to the other 5 centres. The distribution of the Cyperaceae is difficult to analyse, but studies
show that the family may have developed after the Miocene (Muasya \& Simpson 2002 citing Raven \& Axelrod 1974).

## Biomes

The biome that a species inhabits appears to be a good character for distinguishing the genus. The majority of the genus, with the exception of 3 summer rainfall species and the Australasian members such as Desmoschoenus spiralis (New Zealand endemic) and $F$. nodosa, is found in the winter rainfall biome (Figure 3r). F. nodosa is found both in South Africa and in Australia and this is a surprising distributional range within Ficinia. The ancestral state for the known species of Ficinia appears to be one of a winter rainfall biome inhabitant. Features of Ficinia that make it suitable for this biome are relatively shallow root systems ( $<10 \mathrm{~cm}$ ) and a flowering time that for most species incorporates the winter rainfall period in the CFR (Goldblatt and Manning 2000).

This genus is one of the largely sub-Saharan genera within the family Cyperaceae. Its sister genus, Isolepis R. Br. is older (around 18 million years - GA Verboom unpublished results). The genus is relatively young; its split from Isolepis reported at 14.1 million years ago (GA Verboom unpublished results). Yet, a large number of the species in this genus formed in the last $\pm 5$ million years around the same time that the CFR experienced a shift toward the Mediterranean climate that now characterizes this region (GA Verboom unpublished results, Goldblatt \& Manning 2002). This shift however, was not as catastrophic for the plant species of the CFR similar events in the other five Mediterranean floras of the world (Goldblatt and Manning 2002). In addition to this "stable-climate and physical heterogeneity" hypothesis for the extensive diversification of plants within the CFR and so also Ficinia the relationship between nutrient poor soils (a feature of the CFR noted by many studies) and high beta diversity (species turnover along a habitat or environmental gradient) must also be considered (Goldblatt and Manning 2002).


#### Abstract

Altitude In the Ficinia, inhabiting areas below 300 m is an ancestral trait and has been retained in most of the terminal species. Movement to higher altitudes have been derived in a number of groups within the genus, with either further increases in altitude (from $300 \mathrm{~m}-900 \mathrm{~m}$ to $900 \mathrm{~m}-1500 \mathrm{~m}$ ) evident in the terminal or reversals back to the lower


altitudes. Altitudes intermediate in height appears more common than movement to extreme altitudes within this apomorphic trait (Figure 3q). While the climate did vary in the Pliocene-Pleistocene, the changes did not result in whole scale movement to higher altitudes for members of the Ficinia and this seems to support the notion of Goldblatt and Manning (2002) that the Cape Region was not as drastically impacted as its northern climatic counterparts.

## Conclusion

The genus Ficinia Schrader is a sub-Saharan genus that has its centre of diversity in the Cape Floristic Region. This study has found the genus to be paraphyletic with a single species $F$. undosa resolved as sister to the Scirpoides outside of the limits of its own genus and that of Isolepis its sister genus. Scirpoides shares the gross morphology of Ficinia; the numerous insertion and deletion events evident in the sequences and the absence of a gynophore in $F$. undosa make its placement within Ficinia questionable. Further study into this species is warranted on this basis alone. The relationship between Isolepis marginata and the Ficinia resolved in this phylogeny has been reproduced in numerous other studies on this clade within the Cyperaceae and aside from its annual life form this species shares morphological and molecular homology with Ficinia, most notably the presence of a gynophore. Speciation in the genus is a topic that warrants further investigation.
While three (3) DNA regions as well as a number of morphological characters have been used in this study the inclusion of addition DNA regions especially those of the nuclear genome would greatly improve the resolution within the Ficinia. Many of the relationships resolved in this study had low support and the inclusion of additional regions should lend greater credence to the relationships inferred in this study.

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